

NEIGHBORHOOD NEWS

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Magazine

LA GRENOUILLE RESTAURANT



A waiter, dressed in their signature "French Sailer" uniform takes a woman's dinner order

By Bob Griffin, Publisher

La Grenouille was once a very successful French restaurant on Clearwater Point.

In the late 1960s, Martin Field, a Philadelphia developer, bought the land east of today's Sand Key Bridge and developed it into Clearwater Point. He built a large number of condominiums that still exist today.

Field was busy developing and selling condos at the southeast end of Clearwater Beach when he realized he needed offices and a sales center. With that purpose in mind, he built a five-story building at 850 Bayway Blvd. Today it is The Chart House hotel.

"All major developments need to have a sales office," says local Realtor Jim Robbins, who once worked for Field. "In those days, a 2-bedroom condominium sold for between \$27,500 and \$29,000, a 3-bedroom for \$39,000," explains Robbins.



Martin Field

The Sales Center building would also benefit the new residents, making it an additional sales tool. The ground floor housed a fitness center and Irving's Delicatessen, which also served as a ship's store with boating supplies. It was run by John and Mary Newhouse, who also owned another deli on Mandalay Avenue. There were a few hotel rooms on the higher floors, but the second floor became home to the French restaurant—La Grenouille, (pronounced "gren-ou-eeeye").

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Air Conditioning

Don't you love it this time of year! But, who invented it and how does it work?

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Concerned About Hackers?

Is your electronic information safe? Gets some tips to safeguard your online accounts

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Community News

Organizations are meeting again and planning events. See who is doing what. - pages 28-31

Meet Cory Fields

He coordinates the team of three full-time staff divers and about 80 volunteers that maintain the Clearwater Aquarium's tanks. - page 27



This newsletter is published by GRIFFIN PRODUCTIONS, Inc. and is mailed to 8,000 households occupied residence and business in Belleair Beach, Belleair Bluffs, Harbor Bluffs, and part of Largo. We are not officially associated with any city government.

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BELLEAIR AREA NEIGHBORHOOD NEWS

Inside, you will find articles and local information about the nearby area inside. We call it a Neighborhood Newsletter because it is about your neighborhood. It is mailed to the entire Belleair Area - a total of about 8,000 households - six times a year.

Do you need another copy of this newsletter. You may pick up additional copies of this newsletter at all City Halls, Panara Bread, UPS Store and the Belleair Market. Call 430-8300 if you need more than a few.

We hope you enjoyed our newsletter. We want your input. Did you like this issue? What suggestions do you have for future articles? Call or email us with your comments, or take our online survey at beachnewsletters.com. Follow us on Facebook for ongoing local news.

Thank you for reading,
Bob & Becky Griffin, 727-430-8300
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**SEE YOU AGAIN
IN OCTOBER**

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CALENDAR OF HOLIDAYS & EVENT

We are trying to bring back our calendar of events. There are a few scheduled, but as always this may change.

AUGUST		Patriot Day	11
Coast Guard Anniversary	4	Grandparents Day	12
Sales Tax Holiday	6-12	Yom Kippur	15-16
Notices Mailed by Property Appraiser	9	StPatrick'sCatholicSchoolFunFair	16-19
Public School Begins	11	Peace Day	21
Belleair Garden Club Jewelry Exchange	11	Autumn Begins	22
Bluff's Business Assn Mixer	12	Florida Orchestra Season Opener	24
Buc's first Pre-Season Game	14	Taste Fest	24
SEPTEMBER:		Super Boat Races Clearwater	24-26
20th Annual Gekofest in Gulfport	4	Jazz in the Park Belleair Beach	25
College Football Opens	4	OCTOBER	
Labor Day	6	Belleair Ladies Lunch Club	12
Schools Closed	6	Clearwater Jazz Holiday	14-17
Rosh Hashanah	6-8	Columbus Day	11
Buc's First Game	9	Wine Walk	23
Bluff's Business Assn Mixer	9	Oktoberfest on the Beach	23

FENCING

By Randy Lee

Privacy is one of the biggest trends in landscaping today. Our neighbors may be great but we do not want to see them all the time. Barriers such as walls, fences and hedges make great neighbors. One of the first questions I ask a client is: do they have privacy concerns and where on the property are these? Safety and security are important factors as well. Do you have a pool, pets or small children? Barriers keep people out and people in all at the same time. Fencing is less expensive than walls and will be discussed.

Fences create a secure retreat while containing children and pets. Fencing also reduces noise levels. The first question when fencing should be: what is the purpose and function of the fence we need? A pool, pets, children, screening of neighbors are a few reasons to install a fence. A second question about fencing relates to size and type of fence that is needed. Most fences can only be six feet in height and must taper down to four feet on the water. Check your local ordinances. A fence may or may not need to be permitted as well. There are several types of fences: wood, vinyl, iron, aluminum and chain link. Personal preference is key here as well as cost. Wood is the least expensive and aluminum or iron the most expensive. Wood and vinyl allow the least amount of air movement. Chain link, which is available in green and black, allows air movement and is very easy to cover with flowering vines. I like chain link because it is durable and easy to cover- in one or two years it will disappear. Third, a type of gate must be chosen. Each type of fence will have a corresponding type of gate. Gates can be detailed and expensive with iron and aluminum. Wood and chain link need to be large enough to accommodate mowers, pedestrian traffic or larger items- where a double gate may

be needed.

After the fence is installed we need to landscape around it. If

you have fenced in a small area, I would plant or use step stones as opposed to sod, which may be hard to maintain. I like to layer the fence with taller plants in the background and shorter in the foreground. Vines can be used on fences as well and they cover quickly. Flowering vines that I like include honeysuckle, confederate jasmine, passion vine, queen's wreath, allamanda and bleeding heart. The fence may need landscaping on both sides- I like to have taller trees and palms on the inside and then shorter shrubs on the outside for a multi layered effect. Remember these points when fencing: the purpose, type of fence desired, check local ordinances about height and permits and hire a licensed contractor.



CHECKLIST

- Fertilizer ban is in effect
- Turn irrigation system off during periods of heavy rain
- Time to plant summer annuals and perennials
- Great time to have trees trimmed
- Great time to plant palm trees

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HISTORIC BELLEVIEW BILTMORE BRICKS The Greater Largo Library Foundation is selling original bricks from the Historic Belleview Biltmore Hotel. The hotel was built in 1897 and frequented by locals and tourists from all over the country.

Each one-of-a-kind brick is \$50 each plus tax, and comes with an attached commemorative plate and can only be purchased from the Greater Largo Library Foundation. Own a piece of local history or they make unique gifts.

The funds raised will go toward programs and services of the Largo Public Library. The mission of the Greater Largo Library Foundation is to support the Largo Public Library through cultivating funding resources and advocating for the library to enhance innovative library services for the community's educational and social enrichment. To learn more about the Largo Public Library visit www.largopubliclibrary.org.

To buy a brick, contact the Foundation at (727) 586-7398. For more information or visit our website at www.gllf.org.

GOLF TOURNAMENT RETURNS The 2021 Pelican Women's Championship (an LPGA event) returns to Belleair November 8 - 14. For details, visit www.pelicanlpga.com.

BACK TO SCHOOL The 2021-2022 school year starts August 11th. Stock up on supplies during the Sales Tax holiday, Saturday, July 31 - Monday, August 9, 2021.

BELLEAIR BEACH'S JAZZ IN THE PARK After cancelling events during the recent pandemic, Belleair Beach is planning "Jazz in the Park" at the Bayside Park, next to the Community Center, September 25 from 5 to 8pm. The event is free but limited to Belleair Beach residents (and guests).

HELP NESTING SEA TURTLES Our beaches are nesting sites to loggerheads, green sea turtles, as well as the critically endangered Kemp's ridley. It is estimated only 1 in 1,000 hatchlings will survive into adulthood. Clearwater Marine Aquarium monitors about 21 miles of beach daily during the nesting season, to help ensure our beaches are as safe as possible for the nesting turtles and their hatchlings.

They need your help! You can help protect a nest by purchasing a \$200 plaque to mark a nest and help protect sea turtles. All proceeds go toward supporting CMA's Sea Turtle Nesting & Conservation program.

The plaque with your personalized message will be placed at an area nest for the season. The nesting team will send you information about your nest, and at the end of the nesting season can keep the plaque. This is a limited program as they discover nests on our beaches.



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STINGRAY SEASON IS UNDERWAY

Stingrays are in area waters, so do the "stingray shuffle" when entering beach waters. By shuffling your feet in the sand, you will scare off any stingrays that might be around.



If you manage to surprise a stingray and get stung, you are likely to have a very painful reaction. It is going to hurt, but don't panic. Control the bleeding and clean the wound with soap and fresh, clean water. If that's not available, at least rinse the wound with sea water. Get medical attention either at an urgent care facility or the nearest fire station. Remove small parts or barbs of the stinger with tweezers or pliers only if emergency medical care will be significantly delayed.

Stingray season is expected to last through October.

NEEDS VOLUNTEERS Tampa Bay Network to End Hunger works hard to ensure our neighbors have the food they need to survive. They could not do what they do without the help of volunteers! Whether you can volunteer once a week, once a month or once a year, individually or with a group of friends, family or colleagues, whatever your commitment, every hour of assistance helps ensure hungry neighbors have access to food.

Thanks to dedicated volunteers, TBNEH provided over half a million meals to hungry neighbors last year across three counties. Volunteers donated 50,000 hours to help distribute food to families, seniors, and kids facing hunger in our community.

Many different types of volunteer opportunities are available. Visit Networktoendhunger.org or call 813-344-5837.

CLEAN & DRY RECYCLABLES

ONLY Your recyclables need to be clean and dry. When a recycling program uses single-stream processing - all recyclable materials are mixed together. Plastic containers or bottles with leftover food or drink, can turn good recycling into garbage. A few drops of water here and there won't ruin the quality, but food and other liquids can contaminate everything it touches not only in your container, but on the recycling truck that picked it up.



Materials soiled with contamination - especially paper and cardboard - can not be turned into something new due to loss of quality. It may also grow mold, have bad odors and attract pests. To make sure your recycling is able to be turned into something new - only put clean, dry items in your blue container.

OUR NEXT ISSUE IS IN OCTOBER If you need another copy of this newsletter, you may pick up one up at all City Halls, Panara Bread, The UPS Store and the Belleair Market. Call 430-8300 if you need more than a few. Read this issue, and others, online at BeachNewsletters.com and follow us on Facebook for ongoing local news.

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LUNCH • DINNER • LATE NITE

LA GRENOUILLE, continued

Field previously built the Statler Hotel on the west side of the Sand Key bridge. We did a story about that hotel in our December 2020 issue – if you want to know more about it, you can find it at beachnewsletters.com. The hotel had two restaurants, both with “Frog” in their name – The Frog Pond and the Glass Pond. Jay Keyes, a Clearwater resident, was the hotel’s food and beverage manager. Field asked Keyes to oversee La Grenouille also.

As part of their pay, the condominium Sales Manager Ted Wrinkler and Jay Keyes both received a free hotel room in the sales center above the La Grenouille restaurant, which was located on the second floor.

Grenouille is a French word meaning “frog.” Noting both the hotel restaurants also include “frog” in their names, Keyes chuckles, “He seemed to have an interest in frogs.”

Most of the locals simply called it “The French Frog.”



Setting up for dinner

“La Grenouille was one of the best restaurants in Clearwater, probably even Pinellas,” says Jim Robbins who was the maître d’ in its early years. “It was considered one of the Top 10 restaurants in the whole state—at the time. It was also one of the most expensive restaurants on the beach.”

Martin Field had his own person chef, Herbert Williams, who he brought from Philadelphia. Williams had attended culinary arts schools in Europe as well as the United States. When Field opened his French restaurant, he hired Williams as its head chef.

“It had a continental atmosphere with a nautical flair,” remembers Tom Nocera, who worked there between 1971 and 1973 starting when he was 21. “All the restaurant’s waiters were

men—just like it was at Tampa’s Bern’s Steakhouse. We all made good money – people tipped heavily.”

“There was a piano bar upstairs. They always had some form of live entertainment,” Nocera continued. “Sometimes it was national acts that were already famous, and some became famous later.”

Bob Singleton was the piano player. He had a big following and added to the restaurant’s success. He eventually left to become the music director for the Ritz Carlton Hotel chain.

Don Sherwood, owner of the Dinner Showboat Theatre on Ulmerton Road, bought a condo from Field. He used it as a place for his visiting star performers to stay. Many regularly ate in the restaurant.

“People used to come in the front door of the restaurant and ask, ‘are there any stars here tonight?’ and normally there were,” Robbins said. “If the star was a singer, sometimes they would sing a song or two at the piano bar.”

“The restaurant did not take reservations,” says Robbins. “Often there was a long wait. We simply took the guests names when they walked in and directed them to the nearby bar. That was good enough for most.”

“We all wore white shirts with stripes, white pants and a sailor’s cap,” Nocera recalls. “The color scheme was red, white, and blue—French colors. We looked like French sailors except Jim Robbins, the Maître d’, he always wore a tux.”

The walls were covered in a cork-like tree bark material. Each table had a brass lamp either on it or screwed to the wall beside the table. One of the most popular entrees was “Lobster Americana.” The restaurant was known for having the best French Onion Soup, prime steaks, and desserts. All the dishes were covered in “special sauces” like they usually do in French restaurants.

Field made a special effort to appeal to the boating community. The property contained 48 boat slips; ten were held open for guests of the restaurant.

“Martin wanted to get into the sailing society,” Nocera commented. “He bought a mid-sized sailboat and learned to sail. One day Ted Turner showed up at the restaurant during a St. Petersburg competition. I had my picture taken with him—long before he became famous for starting CNN.”

There was another more famous



New York restaurant named “La Grenouille.” Located on 52nd Street, it had opened in 1962 before Field had opened his restaurant. The New York owners sued Field and La Grenouille, and in January 1973, he was forced to change the restaurant’s name.

The new name became “Le Corsaire,” which is French for pirate—possibly for to the nearby Gasparilla festival.

There were also a few other changes. They kept the French navy theme going, but women were allowed to wait tables. Eventually, Chef Williams was replaced by Chef Marice and Chef Rau. Nancy Hemmert became the new maître’d and hostess. The sales and exercise areas downstairs were converted into “The Teddy Bear Lounge,” a nightclub for professional people in the thirty-five and up age group. The music was much louder than the piano bar upstairs, and people danced.



Nancy Hemmert, maître’d and hostess in Le Corsaire’s doorway.

As the Clearwater Point development project became sold out, around 1980, Field moved on and eventually the entire building became the Chart House Hotel.

Martin Field died in 2018 at the age of 87.



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RETIREMENT PLANNING ISN'T FOR THE TIMID

by Ray Ferrara, ProVise Management Group

The process of actually planning to retire is not easy, but going into retirement with no formal written plan, or quasi-plan, makes the golden years a lot more complicated and unpredictable. It can all be a bit overwhelming both financially and emotionally.



For 40-50 years you have worked, earning a paycheck, a bonus (hopefully) each year, saved, invested, etc. and then one day the paycheck and the bonus stop. It is a pretty uncomfortable feeling. Maybe you are lucky enough to have a traditional pension, but then you have to decide what is the best way to take the pension. You probably have a Social Security benefit, but do you take it at age 62 (the earliest), Full Retirement Age (FRA) which is between 66 and 67, or do you wait until age 70 (maximum)? What about health care – use COBRA or Obama Care if under age 65, or switch to Medicare at age 65?

How much income do you need to cover expenses? Most people severely underestimate how much they spend. Break it down into fixed (must have) expenses and variable (like to have) expenses. Once you subtract out your fixed (pension, Social Security, annuities -if any) income, how much more income do you need? How much do you have in savings and investments? What return are you projecting? If the amount you need to withdraw is greater than 4-5% of your investments, you will likely have a problem down the road. How could you have a problem if the amount you are projecting to earn is greater than the amount you will withdraw? First, what if the market is down in bear territory and your portfolio declines 20% or more in a given year, or perhaps over several years? How will you recover the lost value? Secondly, you will need to make adjustments for inflation over the 20-30 years in retirement. Either one let alone both will have a dramatic affect over that time period. So, let's begin with the end in mind – a happy stressless retirement both financially and emotionally. The best way to do that is with a written plan. Take advantage of our one-hour complimentary consultation to learn more about creating a retirement plan. You are retiring for the first time; we have helped thousands achieve the retirement they always wanted.

V. Raymond Ferrara, CFP®, Chair and CEO
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Investment Advisory Services may be offered through ProVise Management Group, LLC.

NEUTRALIZE THAT MEAN GIRL VOICE IN YOUR HEAD



There is nothing worse than putting time, energy and sacrifice into changing the size and shape of your body, only to find out everything else in your life remained exactly the same. The same job. The same bank balances. The same bad habits. The same social life. The same dirty laundry. That is the problem with the Mean Girl in your head that tells you everything would be perfect if only...

In her book, "If My Ass Were Smaller Life Would be Perfect and Other Lies the Mean Girl in Your Head Tells You," Intuitive Eating Counselor and Anti-Diet Coach Julie Glynn, from Clearwater Beach teaches you how to neutralize that Mean Girl voice in your head.

With two master's degrees, one in education and one in health and wellness coaching, and years working in both fields, combined with her own life experience, Glynn has seen how the inner voice negatively impacts your thoughts.

Your Mean Girl might discourage you from taking risks, judge the foods you eat, cause you to doubt your intelligence or ability to succeed, or inflict excessive guilt, self-doubt, and critical judgment. You do not have to believe what she is telling you - not anymore. Each chapter of this book addresses a different

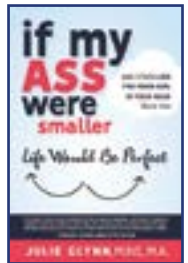
lie Mean Girl tells us, some of which pertain to food choices, appearance, comparing ourselves to others, and doubting our skills and abilities.

Identifying, listening, and understanding the purpose of our Mean Girl, then creating an alliance with her and using her to our advantage can be life changing. Many people may not know this was even an option. Glynn wrote this book to enlighten readers of the possibility of not only quieting their Mean Girl but also helping them convert her into a voice of encouragement and support. Imagine a life where your worst enemy no longer lives inside your head and your best friend lives there instead.

But what about the conflict most of us feel about the size and shape of our body? Glynn shares her knowledge as an Intuitive Eating Counselor and simplifies what it means to eat intuitively, coming to terms with emotional eating and how to make peace with the one amazing body you have been gifted.

Glynn uses her sense of humor, and love of analogies along with a writing style that draws you in and makes you want to keep reading as she teaches the tools that can quite literally change how you think about yourself, view the world, and finally learn to be nice to yourself. Be sure to have a pen handy as you will likely want to mark it up and take notes.

As we were going to press, the book was awarded the National Indie Excellence Award in the Women's Health category. Julie Glynn's self-published books are available on Amazon. You can also find her book as well as additional information about her on her website www.JulieGlynn.com.



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NEKTON TURNS 15 The family run Nekton Surf Shop opened during the summer of 2006. Owner Pete Lopez and all his kids have worked there, and they surf, too! Their philosophy is "Keep It Local" and they do. They carry all kinds of apparel, rentals, and beach goods. You can buy a board or just rent one. Find them at 1311 Gulf Blvd. Visit NektonSurf.com.

LIVING HOPE CHURCH EVENTS This Summer Living Hope has several different ways for people to connect and would love for you to join them.

They are planing various summer groups meeting throughout the summer, including: outdoor activity group, a crochet group, a restaurant group, and a board game group. They will also have kids groups.

For more information, visit livinghopetampa.org or email questions to livinghopelargo.com. Living Hope Church is located at 11633 137th St. N., Largo.

PINKY'S IS NOW IRB CREAMERY

Pinky's longtime owner Wendy sold her business to Jade and Will. You may recognize Jade because she worked at Pinky's for over ten years—she started when she was 17. Jade and Will also are residents of Indian Rocks Beach. One of the first changes was the name, it is now IRB Creamery.



"Pinky's officially became ours May 7th," says Jade. "We have already made a few changes and plan a couple more," she says. "We expanded the ice cream selection to 28 flavors, plus added 5 Italian ices. We offer sugar-free and vegan ice cream. Our ice cream is locally made by Lickity Splits, a Madeira Beach company. On weekends, we are open earlier and later — well past midnight."

Drop by the IRB Creamery for a taste. It is located at 1401 Gulf Blvd in the 14th Avenue Shopping Center.

TOP HEALTH SYSTEM FOR THIRD CONSECUTIVE YEAR

BayCare Health System has once again been recognized by a leading, independent survey for excellence in clinical outcomes, operational efficiency, patient experience, financial health, and contributions to community health.

The news comes from Fortune/IBM Watson Health®, which lists BayCare in the top 20 percent of large health systems in the country. This is the third year in a row BayCare has been recognized with this honor.

In addition to being recognized as a health system, Morton Plant Hospital made the 100 Top Hospitals list as a top teaching hospital.

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Business Briefs

CHEERS TO 42 YEARS 688

Fine Wine and Spirits, located at 14590 Walsingham Rd, Largo has been serving the community since 1979.



Owners, Tony and Vicki Niewiarowski, immigrated from Poland to Chicago in 1964, then moved to Belleair Beach in 1979 with their then 10-year-old daughter Dorotka.

The 688 Fine Wine and Spirits family-Tony, Vicki, Dorotka and her three children Sevy, Lola and Tessa would like to want to thank their loyal customers for allowing them to serve you, they could not have done it without you.

Come browse their selection of wine, beer, bourbon, vodka, tequila, other spirits, accessories and the cigar humidor. Cheers!... or as they say in Poland "Na Zdrowie!"



WOMAN BUSINESS OWNER HONORED

Local business owner, Brooke Anderson, was selected by Tampa Magazine as one of the "2021 Women to Watch". Four years ago, no one heard of Big Man's Moving Company. Today, it is the fastest-growing moving company in Tampa Bay completing 3600 local, statewide, and out-of-state moves and, employing 23 movers. "When the

publication came out, we received (and are still receiving) tons of calls from women who want to support women!" Anderson says. "Honestly, the support has been incredible; we are so thankful!"

Big Man's Moving was voted "Best Kept Secret" in the 2021 Suncoast News Readers' Choice Awards and 2020 #1 Mover in Tampa Bay by readers of the Tampa Bay Times. Being a woman owner in a traditionally male-dominated industry brings a unique perspective. One of Anderson's focuses is screening and hiring the movers. "I look for people who are upbeat with positive attitudes," she explains. "Moving is a skill and can be taught. However, having an innate demeanor that fits our company's culture cannot be taught. Our movers are the faces of Big Man's Moving Company and represent us. If I wouldn't send someone to my 93-year-old grandmother's home, I wouldn't send them to your home."

According to Brooke, in moving, the difference between being "good" and being "great" is in the details. "That's one of my strong suits," Anderson says. "We train our movers to focus on the details, from making sure the legs of a kitchen chair are blanketed to ensuring that mattresses are protected."

Visit Bigmansmoving.com or call 727-772-3458.

BUSINESS NEWS WANTED If you have news for this Magazine, e-mail Bob@GriffinDirectories.com or call 727-430-8300.

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HAIR LOSS SOLUTIONS,
A mother-daughter duo has been finding hair loss solutions that work since 2012. Now their Everyday Beautiful moved into a new Belleair location last month. Owner Laurie Chism says "Women having thinning hair is a very common problem no one likes to talk about. It's almost like we feel we should be ashamed, but that is far from the truth.

Male patterned baldness is actually a female gene. And it does not have to be something that anyone should be scared to face; we don't have to be ashamed of it."

The store doesn't just sell wigs, they find solutions that work for your needs since each person's solution is a little different. For women thinning around the top, a topper is the perfect solution. They specialize in creating custom made pieces for both for men and women and the majority of their pieces are custom-made for the individual client. They also carry ready to wear wigs.

Find Everyday Beautiful at 2310 West Bay. Get more information at www.EverydayBeautifulWigs.com.

MARKET IN THE BLUFFS A monthly farmers market will open in Belleair Bluffs next month on the street in front of Belleair Bluffs City Hall (Sunset Blvd). The once a month market will offer handmade items, plants and other fun items. Each month will have some different vendors.

The first one is tentatively scheduled for September 11th from 10am until 2 pm. They are currently looking for vendors who sell handmade items. If you are interested, contact Karen at eventsbyjk@aol.com. Follow their Facebook page for updates, www.facebook.com/Marketinthebluffs

YOGA RETURNS The Town of Belleair rented the Belleair Garden Club for its summer youth program and the Sramana Yoga classes were moved into the Town Hall Auditorium. Beginning August 9th, they will be back at the Belleair Garden Club and on their regular schedule.

SURFSIDE PRODUCE MARKET

Located in Indian Rocks Beach, they sell a lot more than you image. As you can see in this photo, owner Morgan Myers is holding lychee, passion fruit, dragon fruit, coconut candy bars, coconut candy patties, Korean melon, coconut water in the shell and Suntan bell peppers.

They offer seafood, which varies with the season, meats, and standard produce of course. All their meats are vacuum sealed and ready to eat and delivered to the store on a regular basis including beef, pork, chicken, turkey, ground beef, filet mignon and T-Bone steaks.

Their pricing is very competitive and will accept personal request if you want something special. Open seven days a week, 8:30am to 6:30pm, Surfside Produce Market is located at 1401 Gulf Blvd. Call 219-7079 for information.



Business Briefs



STEFANEC'S TURNS TEN Since it opened September 1, 2011, Irena and her staff have seen the tops of thousands of Belleair resident's heads. Stefanec's, a small barbershop at the north end of Belleair Bluffs is owned by Irena Nolasco. "The shop grew into exactly what I was hoping for—a family friendly business where everyone knows everyone," Irena says. "With our longtime employees, we hope to continue to provide professional and superb service for many more years."

Find Stefanec's at 722 Indian Rocks Road North, Belleair Bluffs.

GALLERIA MISTO IS MOVING ONLINE The retail art gallery, next door to E& E Stakeout has closed and gone online.

"Unfortunately, we could not survive the pandemic," reflects owner Loise Del Basso. "We reluctantly came to the conclusion that going online with the gallery was our best move. The last seven years have provided an excellent jump start to my career as a full time artist. I am looking forward to delving back into my art studies and doing what I love, producing a growing inventory of my own, and taking on additional commissions."

The new website, www.GalleriaMisto.com, is under construction, and she plans to continue her framing services. You can still reach her at Louise@GalleriaMisto.com.

WILLIAM DEAN UPDATE

The Tampa store should open this fall, but no date has been set. New offerings for both the Tampa and Belleair Bluffs stores are being developed. Shown here is the new croissant cube which is currently available in the Belleair Bluffs store. Croissants, breakfast pastries, pastries, eclairs, quiche, sandwiches and salads as well as charcuterie are being added to the Belleair Bluffs menu starting in this month.



JK FLOWERS CLOSED Karen closed her flower shop, JK Flowers and Gift Baskets, located on Indian Rocks Road, earlier this year. She hopes to return soon in a new location. In the meantime, she is doing promotion work and is managing the new Farmer's Market coming soon to Belleair Bluffs. You can reach Karen at ForeverFlowers12@AOL.com.

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WITH NEWLY ADOPTED MAPS Do you know your current flood zone?

By Karen Williams Seel, Pinellas County Commissioner

Many Pinellas County residents are still rebuilding after the damage from Tropical Storm Eta, which caused significant flooding in several areas around the county last November. That's why it's important for you to know what your current flood zone is, understand your flood risk and be prepared not only for flooding, but to get back on your feet after a flood.

Getting a flood insurance policy will help protect you from the financial devastation of flooding. We all live in a flood zone, which may be high, moderate or low risk. Most lenders require flood insurance if you have a mortgage on a home or business in a high-risk flood zone; however, almost a quarter of the claims submitted are for properties in low and moderate risk flood zones. Even if you don't live in a high-risk flood zone, flood insurance is recommended and is usually available at a highly discounted rate.

It is important to understand what is covered by your flood insurance policy. Many residents that were displaced from their flooded homes after Tropical Storm Eta did not realize that they did not have Loss of Use Coverage for the cost of other living arrangements while their repairs were made. There are also separate flood coverages for contents and building. Make sure you have enough coverage for both.

The Federal Emergency Management Administration (FEMA) recently updated the Flood Insurance Rate Map (FIRM) for the coastal areas of Pinellas County. The new map is effective on Aug. 24, 2021. The map is used for three main things: to determine flood insurance requirements, flood insurance rates and building requirements. The new map is based on

revised coastal flood modeling and may affect owners of properties susceptible to flooding from the Gulf, Tampa Bay, and inland areas near waterways connected to the Gulf or Bay.

If the risk level for a property changes on the FIRM, so may the flood insurance rate and the requirement to carry a flood policy. The National Flood Insurance Program (NFIP) is also changing the way they rate flood insurance policies starting Oct. 1, 2021, with a new program called Risk Rating 2.0. Talk to your insurance agent about getting a flood insurance policy in place before these changes take place.

View the new FIRM on the online Flood Map Information Service at floodmaps.pinellascounty.org. While you are on the map service also be sure to look up your hurricane storm surge risk and evacuation zone.

To be clear, flood zones are different from evacuation zones. I encourage you to learn more about your flood risk, know your evacuation zone in the event of a tropical storm or hurricane and purchase flood insurance to protect your home and business. It's the best way to ensure your family and future is financially protected.

If you live in unincorporated Pinellas County and have questions, you can call the Flood Information Services hotline at (727) 464-7700. Property owners within municipal boundaries should call their city.

As always, please send me any of your comments or concerns. You can email me at kseel@pinellascounty.org.



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JAW DROPPING NUMBERS

In 2020, the Coast Guard counted 5,265 boating accidents that involved 767 deaths, 3,191 injuries and approximately \$62.5 million dollars of damage. The fatality rate was 6.5 deaths per 100,000 registered recreational vessels. Compared to 2019, the number of accidents increased 26.3%, the number of deaths increased 25.1%, and the number of injuries increased 24.7%.

Where cause of death was known, 75% of fatal boating accident victims drowned. Of those drowning, 86% were not wearing a lifejacket. Over 77% of deaths occurred on boats where the operator did not receive boating safety instruction.

Florida has the unenviable role of leading all other states by over 100% in accidents, deaths and property damage! Where does Pinellas County stand? We placed third in accidents after Miami-Dade and Monroe.

These are not numbers we should be proud of. What's the solution to safer local waters? Have everyone, regardless of age, wear a life jacket and have everyone, regardless of age, who operates a boat, take a Florida approved boating safety class.

The Clearwater Coast Guard Auxiliary is offering "Boat America" taught by the certified instructors on Zoom, allowing for lots of questions and answers. This means no commuting to a classroom – the students can be anywhere in Florida! The next classes will be over two consecutive weekend days.

August 28 & 29 Virtual Boat America, 9am to 2pm

September 18 & 19 Virtual Boat America, 9am to 2pm

The boating safety class is a requirement for many boaters in Florida. Anyone born after Jan. 1, 1988, must successfully complete a boater safety course approved by the Florida Fish and Wildlife Conservation Commission (FWC) in order to operate a boat powered by more than 10 horsepower, and they are required to carry their boater education card with them when out on the water along with picture ID.

Contact the Coast Guard Auxiliary, Clearwater Flotilla, for boating safety classes at: www.clwboatingsafety.com or by email at clwtr.auxboating@gmail.com or call 727-469-8895.

CLOTHES TO KIDS NEEDS CLOTHES

Families are again shopping at Clothes To Kids and our clothing and shoe inventory is low. CTK needs new and gently used clothing and shoes including boys' and girls' pants and shorts (it is hot out there), tops, uniform pants and shirts, dresses and shoes. Each year CTK clothes more than 11,000 low-income and in crisis school children, PreK-4 to 12th grade for FREE. That means we need small clothing and shoes and youth clothing all the way up to high school. Please help the children in Hillsborough and Pinellas by donating today!

Children who qualify for free or reduced-price lunch or in crisis are eligible to shop with us. Each shopping bag includes five pairs of new underwear, five pairs of new socks, five tops, four bottoms (pants or shorts), one dress (optional) and a pair of shoes, totally free! If the child attends a uniform school, they may receive three uniform tops and two bottoms.

Please go through your closets and donate any gently used school clothing and shoes for children PreK-4 to 12th grade. Kids come in all shapes and sizes, so their clothes have to as well. Monetary donations can be sent to Clothes To Kids, 1059 N. Hercules Avenue, Clearwater, FL 33765. A \$50 donation provides one child a week's worth of school clothing. Donations may be dropped off from 9 a.m. to 4:30 p.m. Monday through Friday. For information or to schedule an appointment to shop, please call 441-5050 or visit www.clothestokids.org.



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The land and lake property is listed for \$499,000. For complete viewing of the property, Google "3105 Deep Well Drive, Brooksville, Florida." Contact Realtor Susan Melendy 727.657.8912 for information.

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DEBRA SULLIVAN HONORED WITH 2021 HOME RULE HERO AWARD

The Florida League of Cities, the united voice for Florida's municipal governments, recently recognized Belleair Bluffs, City Administrator, Debra Sullivan with a 2021 Home Rule Hero Award for her hard work and advocacy efforts during the 2021 Legislative Session. Debra Sullivan worked tirelessly throughout session to promote local voices making local choices, protect the Home Rule powers of Florida's municipalities and advance the League's legislative agenda.



"Local officials went above and beyond during the 2021 Legislative Session," said FLC Director of Legislative Affairs Casey Cook. "They made an extraordinary effort, were actively engaged and highly effective in their advocacy efforts. Even with all the various challenges present this year due to the pandemic, they stepped up. They engaged with legislators, shared their stories and made their voices heard, and it made a difference. On behalf of the League and its legislative team, it's my sincere honor to recognize this year's award recipients and thank them for their service."

Home Rule is the ability for a city to address local problems with local solutions with minimal state interference. Home Rule Hero Award recipients are local government officials, both elected and non-elected, who consistently responded to the League's request to reach out to members of the legislature and help give a local perspective on an issue.

TIPS TO KEEPING YOUR CYBER WORLD SAFE

By Dena Perkins, Threat Angler

You have probably seen at least one, if not several, stories about cybersecurity breaches in the news. These threats are increasing over time. It can be scary to think about your personal information being stolen and you may feel powerless to combat the threats. Even for the technology savvy individual or those with a technology savvy friend or family member, technology is changing so rapidly, it is impossible to keep up with the latest cybersecurity threats and countermeasures.

While there is no perfect solution, there are some high impact, no cost solutions available. The single most effective and economical solution is what is called two-factor or multi-factor authentication. Two-factor authentication requires two types of credentials for authentication when logging into an app or Web site. This is most often in the form of the traditional username and password, plus a code received via text, phone call, or mobile application - the code is the second factor.

Most computers and web applications, such as a bank, email, or social media websites, requiring authentication provide a two-factor authentication as a no-cost feature. A Google search will often lead you to the instructions for your web application. For example, you can search "two-factor authentication on gmail account."

If a website requires authentication but does not offer a two-factor feature, find an alternative website if possible. If you cannot find an alternative, use a different username and password for less secure websites. Ensure your password is 12 or more characters long without any dictionary words and utilizing upper case, lower case, numeric, and special characters. Change this password at least every 90 days and use a calendar reminder to help you remember. Never write down your passwords. With two-factor authentication enabled, you can still be just as vigilant with passwords, but the need is less.

Most websites also allow you to see active and recent account authentications to check whether your accounts have been hacked. If you see authentications from geographic locations you have not accessed your account from, disconnect those authentications, change your password, and report this to the web application owner. You can search Google for phrases like "see recent activity on gmail account" for instructions.

You should not need to feel scared to use technology. Adopt basic cybersecurity practices like using two-factor authentication and be vigilant in monitoring the activity on your accounts. Report suspicious activity promptly to the website owner. Following these simple steps will mitigate a great deal of the risk.

Threat Angler is a local cybersecurity company based in Indian Rocks Beach. They service businesses of all sizes and enjoy helping those in our community and providing information about cybersecurity. Feel free to reach out if you have any questions or if they can be of assistance, www.threatangler.com.



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Guests may choose from three convenient check-in locations where they will receive 20 wine tasting tickets, a complimentary wine glass, a wristband and a map showcasing all of the wine walk stops.

Guests may walk or take the Jolley Trolley to participating businesses along Indian Rocks Road and West Bay Drive in Belleair Bluffs. A docent on the trolley will announce each stop and identify business locations.

Businesses without a physical location are set-up in key high-traffic locations and will be included in the wine tasting and all event activities. Anyone can attend however, only 21 and up can purchase a ticket and participate in the wine tasting. Sponsored by Tampa Bay Newspapers. We encourage a pet friendly environment with responsible owners. For tickets and more information, visit bbastrong.com/winewalk.html. Businesses that would like to participate as a wine stop can contact Bonnie Trembulak at 727-686-8797.

FROM THE DESK OF
SHERIFF BOB GUALTIERI

This year, we've responded to 33 pedestrian related crashes. Pedestrians and drivers are equally responsible in preventing accidents. With school resuming and traffic expected to increase again, practice these tips to keep you and others safe.

For pedestrians:

- **Be predictable:** Following the rules of the road and obeying signs and signals help drivers identify when you're going to move and where you'll be going.
- **Be alert:** Limit your use of electronic devices to minimize distractions that can take your eyes off your surroundings.
- **Be visible:** Whether you're walking during the day or night make sure you seen by drivers. Be sure to make eye contact as you cross and wear clothing that increases your visibility.
- **Cross with caution:** Utilize crosswalks and cross at intersections where drivers expect pedestrians. If there's no crosswalk, locate an area that's well-lit and cross only when there is enough time to do so safely. Look for cars in all directions, including turn lanes.

For drivers:

- **Be aware:** Watch for pedestrians everywhere, especially when you're driving while visibility is limited.
- **Look for crosswalks:** When driving, be prepared to yield to pedestrians entering a crosswalk. Never pass vehicles who are stopped at crosswalks. There could be pedestrians crossing that aren't in your field of vision until it's too late.
- **Be a safe driver:** Adhere to the rules of the road, observe the speed limit, and never drive under the influence to reduce your chance of being involved in a pedestrian accident.

Whether you're behind a wheel or on foot, ensuring you maintain a courteous and attentive attitude while you're on your way will help minimize your chance of being in a 100% avoidable accident.

If you think your community is in need of additional pedestrian infrastructure, contact your local Public Works Department.

CHANGES AT THE CLEARWATER YACHT CLUB

Rich in history and tradition, the Clearwater Yacht Club (CYC) is one of the oldest yacht clubs in the United States. Chartered February 14, 1911, at 110 years old, CYC is also one of the oldest organizations in Clearwater. During that time, there have been over 100 Commodores, each leading the organization in their own way.

Obviously, with that many years behind them, CYC has had some ups and downs, but 2020 was especially difficult due to the Covid-19 Pandemic. Like so many other businesses and restaurants, CYC had to temporarily close its dining room, and only provided take-out. Individual groups within the Club did not meet; activities ended. Some remodeling projects were put on hold. While no one was laid off, some employees left as a personal decision. It was unlike anything CYC had experienced in its long history and no one knew what to expect.



GM Michael Ciaccio

But as restrictions were lifted this year, the club started a comeback. The first step was hiring new General Manager Michael Ciaccio. He comes from Hope Valley Country Club near Durham, North Carolina and is a Certified Club Manager. He started in late April.

To improve the food service during the pandemic, Michael Irwin, already a Club employee, was promoted from bartender to Food and Beverage Manager. He previously worked at Disney World in food management and is an experienced chef. He recently filled in as the temporary chef while a search was underway for a permanent one. As Food

and Beverage Manager, he keeps an eye on the kitchen, while overseeing the service in the dining room.

“My goal is to make this a fun and friendly place to go,” says Irwin.

The final step in CYC’s full reopening was the hiring of Chef Jermaine Bass in May.

Bass comes to Clearwater Yacht Club from the Tampa Club. He is in the process of developing a new menu. In addition, the Club has been busy hiring and training many new staff members—both in the bar area and wait staff for the dining rooms, so expect to see some new faces. The postponed remodel of various parts of the building, including the restrooms and the docks, has resumed.

Mary Kay Delk became the Commodore in December of 2020 and has been leading the reopening efforts.

“We made it through the year of Covid and now Clearwater Yacht Club has returned to its fun, full-service club, says Commodore Delk. “Our members are operating races and cruises; our party schedule is full and we’re taking advantage of this great weather to hang out on the tiki deck. We have a new General Manager and Chef and are better than ever.”

Currently the Clearwater Yacht Club has about 450 members. They remind you that you do not need to own a boat to be a member, many members don’t. There is never a monthly minimum for food or drink. Once again, they are offering a limited summer membership. Call for details 727-447-6000.



Chef Jermaine Bass and Michael Irwin

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Bar & Restaurant News



NEW RESTAURANT CONCEPT Rock House Live is the flagship location of a major new restaurant concept. "This is a first of its kind, a hybrid live and virtual entertainment themed restaurant, venue and bar concept, offering the culture of rock 'n' roll with live music, entertainment, great food, awesome drinks and instant live recording," says the owners.

Rock House LIVE opened in May just south of the Marina. Naturally, with a name like that, they have live music at night with food and a full bar.

This fun, open air spot with inside and outside tables, and lots of umbrellas is the place to Eat, Drink and ROCK.

Find them at 207 Coronado Drive, across from the Wyndham. Get information at www.RockHouseLive.com.

RED LION CONSTRUCTION BEGINS Owner Tom George finally has his permits in hand and has begun construction on his Indian Rocks restaurant. He hopes the construction process will go quickly now as the restaurant has already been gutted.

George, who also owns many other restaurants and bars in Pinellas County, will be changing the name to Hurricane Eddies.

SEKUSHI SUSHI IN THE PLAZA Construction is still on going. They hope to open in the Fall, but there is really no news on their progress.



12 YEARS AND COUNTING

Maggie Mae's in both Belleair Bluffs and Sand Key share the People's Choice Awards of "Best Breakfast" in all of Tampa Bay, as voted by readers

of the Tampa Bay Newspapers. They have won that award 12 years in a row, so you know it must be good.

Find them in Belleair Bluffs at 2961 West Bay, next to Bonefish Grill. See their menu at www.MaggieMaesOnTheBluffs.com.

CONGRATULATIONS Other area restaurants awarded the "People's Choice" as Best include:

- BEST Fine Dining: Salt Rock Grill (Redington)
- BEST Waterfront Dining: Backwaters (Sand Key)
- BEST Seafood: Keegan's Seafood Grill (Indian Rocks)
- BEST Steak: E&E Stakeout Grill (Belleair)

GROUPERS ON THE GULF They finally got their new fry equipment installed and have a new enhanced menu that includes items prepared with the new equipment. They celebrated last month with a large Summer Celebration Party. They are located at 1404 Gulf Blvd, Indian Rocks Beach, GroupersOnTheGulf.com.

Bar & Restaurant News



TEN YEARS LATER Slyce Pizza has been dishing out great pizza for ten years in Indian Rocks. They opened that location in 2011. A few years later, they opened Slyce #2 in Madeira Beach and now have #3 in St Pete Beach.

Now they are working on a new wine store close to their Indian Rocks location where "It's a New Day Cafe" was located. Pictured here are owner Jack Bennett, and area manager Suzanne Brown.

Visit www.SlycePizza.com and call 408-5272 for pizza (take-out and delivery).

NEW CLEARSKY COMING SOON You probably know the ClearSky restaurants in Clearwater Beach, Downtown Clearwater on Cleveland Street or in Dunedin. Each of the popular restaurants has a different menu. Now, there will be another Clearsky Restaurant opening in Seminole. It will be opening in the old "Three Olives" storefront at 131st Street and Park Blvd, just south of Seminole High School.

For now, they are remodeling the inside of the restaurant, but are already interviewing for new employees. If you are interested, e-mail GloreClearsky@Gmail.com.

NEW GREEK RESTAURANT Alati, whose Greek name translates to "salt" is Clearwater Beach's newest restaurant. The restaurant features authentic Greek food with a full bar and is open 2pm-11pm daily (except for Sunday).

Reservations are available through "Open Table" or delivery through GrubHub. Get more information on their Facebook page. Find them at 486 Poinsettia Avenue or call 230-3999



HUNGRY CRAB OPEN IN LARGO MALL In the home of the old "Sweet Tomatoes," this restaurant specializes in seafood, lots of it. Join them for happy hour Monday through Thursday and their blue crab specials. Find them at 13101 Seminole Blvd. in Largo Mall, 727-755-8888.

COCO'S OPENING IN INDIAN ROCKS Coco's Crush Bar & Grill, on Coronado Drive, is adding a second location in Indian Rocks Beach when they reopen the recently closed 18 On The Rocks. It will be similar to their Clearwater location five miles away. Look for it to open later this summer at 2405 Gulf Blvd., Indian Rocks.

RESTAURANT NEWS WANTED If your restaurant has news or an upcoming event we can use in this News Magazine, please e-mail it to Bob@GriffinDirectories.com or call 727-430-8300.



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AIR CONDITIONING WHO IT INVENTED AND HOW DOES IT WORK?

By Bob Griffin, Publisher

We all know it is hot this time of year, all you have to do is go outside. Haven't we all wondered how people lived here without air conditioning? People in their 60s remember life in Florida with no A/C in their house or their car. They drove with their windows down, went to the local swimming pool a lot, and slept with a fan in each bedroom. They were just used to it. Today, every house, every business and every car has an air conditioner. Where did this magnificent invention come from?

Actually, air conditioning has its roots in ancient times. The Egyptians experimented with the hanging wet cloths over their doorways. Ancient Rome discovered that the circulated water moving through their aqueducts cooled the air. In about 180 A.D., the Chinese invented a hand-cranked rotary fan to move the air and produce a breeze.

In 1758, Benjamin Franklin and Cambridge University Professor John Hadley gave a presentation on the effects of evaporative cooling. They noted that evaporating certain liquids, especially alcohol, on the surface of water can cool an object to the point of freezing.

In the 1790s, Robert Morris experimented with "ice pits" built into large Philadelphia homes. They were a hole in the ground filled with ice in the winter that provided cooler temperatures in the spring and maybe summer until they completely melted. George Washington liked the concept so much he had one added to his home in Mt. Vernon. When they built the White House, John Adams had one added in 1800.

In 1820, Michael Faraday, an English inventor, performed experiments using ammonia, which was very volatile, to create cool air. Later, ammonia would be used in the first modern air conditioning units.

In the 1830s, Dr. John Gorrie, regarded as the "father of refrigeration," experimented with forms of "air conditioning." He was born in the West Indies but grew up in South Carolina—both areas are known for sweltering temperatures. In 1833, he moved to Florida's Apalachicola area where he was a physician at two area hospitals. His medical research involved the study of tropical diseases and it was the current belief that "bad air" caused these diseases. He urged the draining of swamps and "the cooling of sick rooms" to clear the "bad air." He designed a

method of cooling rooms with ice in a basin suspended from the ceiling. Cool air, being heavier in nature, flowed down across a patient and through a hole in the floor. Unfortunately, ice was not common in the 1830s. It had to be bought from northern farmers and shipped on boats and trains to the south.

After 1845, Gorrie gave up his medical practice to pursue refrigeration projects. In 1851 he was granted a patent for a machine to make ice. That machine is on display at the Smithsonian Museum today. Due to a variety of money and health problems, his work ended, and he died in 1855.

In 1881, when President James Garfield was on his deathbed, Naval Engineers tried Gorrie's concept and used a box filled with cloths soaked in melted ice water and allowed air to pass through the box. It lowered the ambient room temperature by 20 degrees. Unfortunately, it required an enormous amount of ice, but it proved that Dr. Gorrie had been on the right track.

The interest in air conditioning faded away for about 45 years until Willis Carrier invented the first real air conditioning unit in 1902. Carrier was an engineer by trade. In response to an air quality problem at Sackett-Wilhems Lithographing & Publishing Company, Willis created and submitted drawings for what later become recognized as "the first modern air conditioning system." The installation of that system is known as the birth-place of air conditioning.

After years of refinement, Carrier was granted Patent #808,897 for an "Apparatus for Treating Air." It was designed to humidify or dehumidify air, and to heat or cool water. In 1915, Carrier, with the help of six associates, chipped in \$32,660 and formed Carrier Engineering in New York, specializing in the manufacture and distribution of heating, ventilation and air conditioning (HVAC). During the Great Depression, Carrier Engineering merged with two other companies and formed the Carrier Corporation.

The Great Depression slowed residential and commercial construction, and the use of air conditioning. The company moved to Syracuse, New York and eventually became one of the largest employers in Central New York. In 1939, Carrier invented a small air



conditioner, known as an "Igloo," which gave people a glimpse of the future. It became popular during the 1950s post-war economic boom and today is a staple in most American homes. Air conditioning has contributed to the success of large movie theaters, shopping malls, airplane travel and even cools computers and the servers that power the Internet.

Understanding how an air conditioner works is fairly simple, and it may surprise you to learn that there is no single part of an air conditioner that makes the air cool. Instead, it takes advantage of a basic scientific process known as "evaporative heat" - when liquid converts to a gas, it absorbs heat. An air conditioner forces specialized liquids to do this over and over again, absorbing heat and expelling cool air in the process. It's actually a simple, but ingenious, concept.

To be effective, air conditioning must control temperatures, humidity and air circulation/ventilation. It also cleans the air. That is why you have to periodically clean the filter. Here is how it works:

1. The air conditioner pulls in warm air usually through a grille in your room.
2. A fan blows that warm air over the cold, evaporator coil full of the liquid refrigerant.
3. Since the refrigerant is cooler than the air, the warm air's heat is transferred into the refrigerant, leaving the air cool.
4. A dehumidifier removes the air's excess water leaving it cool and now dryer.
5. The cool air is sent back to the room through the ducts in your house.
6. The hot refrigerant, which is now a gas, is processed releasing the unwanted heat outside. The newly-cooled refrigerant (once again a liquid) is ready to return back to the evaporator, and chill more incoming air.

That's the basics covered!

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BUDDY USCG STATION DOG

By Pete Magnani

About three years ago, the crew at the United States Coast Guard Station Sand Key approached their Commanding Officer CWO Tracy Randall with a request. They wanted to adopt a dog that would live at the station. She put out some feelers and friend told her about Buddy, a seven year-old Rhodesian Ridgeback mix who had been living with an elderly woman that had gone to a nursing home. CO Randall brought the dog to the station for a trial run and by the end of the first day the team agreed he was going to stay.



Buddy and BM2 Jamyson Trancoso

Buddy's first few years of life were not pleasant. He and another pup named Bocephus were found in Georgia by animal rescue volunteers. Both were emaciated; Bocephus at about 6 months old, weighed a mere 13 pounds. A veterinarian nursed them back to health. Buddy was adopted and brought to Florida, where he eventually found his place at Station Sand Key. Buddy's first few days at Station Sand Key brought some excitement. He found a way around the station's fence at the seawall and escaped. He was eventually picked up by an Uber driver and brought to the pound. "Buddy spent one of his first nights as our station dog in jail," CO Randall jokingly recalls. After that, Buddy was there to stay. He quickly became a vital member of the team, going on patrol on the various response boats. He even had his own life jacket and tactical vest. His main job, however, is keeping up the morale of those assigned to Station Sand Key. Buddy was officially certified through the City of Clearwater as a service dog.

As he has gotten older, Buddy has developed a schedule. He eats breakfast with the crew, then tours the grounds. He makes his way to the Coast Guard Exchange (the station's general store) where he greets both active and retired Coast Guardsman who visit the station to shop. Eventually, he makes his way to CO Randall's office for his afternoon nap on the office couch.

CO Randall is retiring this month after 33 years of dedicated service. With her departure, and Buddy's advancing age, BM2 Jamyson Trancoso has volunteered to adopt Buddy and care for him in his later years. He still spends his days at the station, but now jumps in BM2 Trancoso's truck at the end of the day and goes home to sleep. She has two years left in her assignment at Station Sand Key and Buddy will move with her to her next duty station.

SUNCOAST JAZZ FESTIVAL - NOVEMBER 19-21

This year includes five indoor venues, with music from morning until late evening. There will be Free parking and complimentary Jolly Trolley shuttles between hotels and venues, which include Sheraton Sand Key Resort, the Marriott Suites on Sand Key and the Holiday Inn Hotel on Clearwater Beach.

Headliners, the "Brubeck Brother Quartet, attains that rarefied level where music is both relaxed and expressive, and their joy in its creation is contagious." – All About Jazz Although the Quartet's style is rooted in "straight-ahead" jazz, their concerts reveal an inherent ability to explore and play odd time signatures while naturally integrating the influence of funk, blues and world music. The group's creativity, technique and improvisation can be heard in their uncompromising music, which reflects their dedication to

melody, rhythm, culture and the spontaneous spirit of jazz.

TICKETS:

- Three Day Weekend & Swing Dance \$175 After Oct 1st: \$198
- Benefactor Badge \$300 Four Day Badge; VIP Gala Thursday Evening, Preferred seating in venues; Recognition on website and in program; Friday Night Swing Dance
- Daily Tickets Friday \$75 (Includes Swing Dance Ticket!), Saturday \$85, Sunday \$55
- Swing Dance Tickets Friday Night \$30

Purchase tickets and see the full line up at www.suncoastjazzfestival.com

PATRIOT DAY - SEPTEMBER 11

For some people Patriot Day is confusing because there are two separate holidays with very similar names. For many years, cities and states in the Northeast, especially Boston, celebrated Patriot's Day on April 19 (later the third Monday in April). It was in recognition of the anniversary of the American Revolutionary war Battles of Lexington and Concord on April 19, 1775. They were the first battles of the War and have been honored since 1894 in Massachusetts. Some states have declared it a holiday and many schools are closed. As part of Boston's celebration, they hold the Boston Marathon and the first Boston Red Sox game of the season on that day.

But, here is where it gets confusing. After the terrorist attacks on the World Trade Center and Washington on September 11, a day of remembrance was established, called Patriot (singular) Day. It is to honor the memory of the people killed in the September 11 attacks of 2001. While Patriot Day is not a federal holiday there are many observances held throughout the country. Schools and businesses generally remain open,

Patriot Day was established in the memory of the 2,977 people who died that day. A bill was unanimously passed and signed by President George W. Bush declaring September 11th an official day of mourning. By presidential decree, the American flag is flown at half-staff on all government buildings and individuals are encouraged to do the same. There is a moment of silence held at 8:46 am (EST) each year on that date.

More recently, there has been a movement to also declare this a National Day of Service and Remembrance. People are encouraged to volunteer doing good works and services on that day to honor those who died. This year is the 20th Anniversary of the attacks.

42ND CLEARWATER JAZZ HOLIDAY

October 14 - 17 2021!

Due to construction at Coachman Park, this year's event will be in the BayCare BallPark, an open air stadium venue in Clearwater. General Admission open seating is available with a seat. A very limited number of low-cost Standing Room Only tickets are available which grants attendees access to roam the stadium and viewing areas including the grass outfield berm behind the stage, the Tiki Bar, and various concourse high-tops and picnic tables. Blankets are permitted in the berm seating.

Headliners include: Kool & The Gang, Big Bad Voodoo Daddy, Gloria Gaynor and Snarky Puppy.

Ticket Options are: General Admission Open Seat, General Admission Standing Room Only, 4 Day and Weekend tickets (General Admission), VIP Hospitality Table of 2 or 4 seats.

See the full lineup and purchase tickets at clearwaterjazz.com.

NEW SHOWS ADDED!

Central Park Performing Arts Center is proud to announce the latest addition to the 2021, September - October lineup. Tickets are on sale now and are available at LargoArts.com or by phone at (727) 587-6793.

- Gilbert Gottfried - Friday, September 24 at 8pm
- Yellowjackets - Sunday, October 3 at 7pm
- Cracker - Friday, October 15 at 8pm
- Albert Cummings with special guest Jimmy Griswold - Saturday, October 16 at 8pm

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BAYCARE RECRUITING ALZHEIMER'S STUDY PARTICIPANTS

BayCare Health System's Morton Plant and St. Anthony's hospitals are actively recruiting participants for a clinical trial using a non-invasive retinal screening process that potentially could help detect Alzheimer's disease possibly decades before symptoms appear.

Funded primarily by the Morton Plant Mease Health Care Foundation and St. Anthony's Hospital Foundation, the five-year, \$5 million Atlas of Retinal Imaging in Alzheimer's Study (ARIAS) plans to enroll 330 individuals at three sites – Morton Plant Hospital in Clearwater, St. Anthony's Hospital in St. Petersburg, and The Memory and Aging Program at Butler Hospital in Providence, R.I.

Candidates for this study should be between 55 and 80 years old. Potential participants range from cognitively normal (no memory concerns) to mild (early) Alzheimer's disease. First degree relatives of people with Alzheimer's disease are a key study group in ARIAS because they are naturally at higher risk of developing the disease.

Participants will be examined five times over three years. Each visit will include an eye exam, APOE genetic swab, cognitive assessments and retinal imaging, which is much like what is done during a visit to the eye doctor.

The goal of the study is to develop an inexpensive way to screen people for Alzheimer's, making it possible to identify who will get the disease long before symptoms emerge. Those individuals become candidates to receive potentially effective medications to stop or alter disease development.

Currently, Alzheimer's disease is not clinically diagnosed until clinical symptoms become obvious. By this time, too much damage is done to the brain and patients are experiencing loss to their quality of life. ARIAS will try to find ways to detect Alzheimer's early, before symptoms emerge and there is a decline in the ability to function. If proven effective, the retinal imaging used in the study can be done inexpensively on a visit to the eye doctor.

This study officially launched more than a year ago, but as was the case with many things in 2020, COVID-19 delayed enrollment. "We had hoped to have this study well underway by now, but the pandemic shifted everyone's priorities," said Stuart Sinoff, MD, co-principal investigator and retired medical director of Neurosciences for BayCare's West Region.

If you live near Tampa, Clearwater or St. Petersburg in Florida, and may be interested in participating, please call Catrina Montgomery at 727-298-6077 or email ARIAS@baycare.org.

NEW DOCUMENTARY

The Clearwater Marine Aquarium (CMA) announced the new documentary, "Stranded: A Whale Rescue Story," is being released this Summer. It covers the rescue, rehabilitation, release, and tracking of the five pilot whales that stranded on Redington Beach.

In Summer 2019, CMA received a rescue call like none they had ever received before; five pilot whales had stranded on a beach just 14 miles south of its marine life hospital. Every decision from then on was made to ensure the health and safety of the whales, the staff working on them, and the community who came together to support their efforts.

This documentary includes original footage from the beach and the series of events that followed. Watch as a community of scientists, biologists and bystanders work to save the animals and gain information on why they stranded.

Visit WhaleRescueTale.com to see the trailer.

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MEET CORY FIELDS



By Pete Magnani

The average fish tank holds about 30 gallons of water, and it takes about an hour of maintenance every 2 weeks or so to keep the water clean and clear. Now imagine the effort required to keep up with the approximately 2 million gallons of seawater in the habitats that house all the marine life at the Clearwater Marine Aquarium (CMA)! Meet Cory Fields, CMA's new

Dive Coordinator. It is his job to coordinate the team of three full-time staff divers and about 80 volunteers that tackle the gargantuan task of maintaining the marine environments at the aquarium using SCUBA gear, scrub brushes, and power-driven spinning brushes similar to a floor buffer.

Fields started at CMA about two years ago as Dive Lead, cleaning environments using SCUBA gear, scrub brushes, and power-driven spinning brushes similar to a floor buffer. He has performed in underwater presentations as a SCUBA diver and previously worked as a Divemaster, guiding SCUBA divers on tours.

Recently Fields was promoted to Dive Coordinator where he helps manage the upkeep of the various environments. Most need to be cleaned about once a week, with the exception of the dolphin exhibits which need cleaning two or three times each week to prevent growth of algae. The three other staff divers are supplemented by a team of about 80 volunteers who donate their time to do a dirty, but rewarding, job making sure the resident animals have a clean and inviting environment to call home.

CMA's recent expansion added 103,000 square feet of guest space, which means there's a whole lot more for guests to see and experience. It also added 1.5 million gallons of water for Cory and the team to keep clean and fresh. The new addition, which opened in October 2020, includes five separate but connecting habitats that are the home for CMA's five resident bottlenose dolphins, as well as their stage. Winter, Hope, Nicholas, PJ, and Hemingway entertain about 750,000 visitors each year. The aquarium also features two rough-toothed dolphins, Rex and Rudolph, as well as a cast of stingrays, sea turtles, otters, sharks, and pelicans. CMA's main mission is to rehabilitate, and release rescued animals, but those who's injuries or ailments prevent them from surviving in the wild are given a permanent home at the Aquarium.

The Clearwater Marine Aquarium is open daily from 10 am to 6 pm with extended hours during the summer months. In addition to the exhibits and educational programs, the Aquarium offers snorkel trips and "Sea Life Safaris" aboard their fleet of pontoon boats. They have Summer Camps for kids from K through 12th grade and many other programs both on and off site. For more information, visit www.seewinter.com.

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BEACH ART CENTER

Do you want to create but don't consider yourself an "artist"? Check out "Art on the Rocks" at the Beach Art Center. All materials are included, our artist/instructors will give you step by step instructions and you will leave with a finished creation. It is even more fun if you bring a friend or two.

Summer Art on the Rocks include;

- Friday, August 20: Palette Knife Ocean Wave on Canvas
- Friday, August 27: Seashell & Seaglass Wave Mosaic
- Friday Sept 10: Exploring Resin & Pressed Flower Jewelry
- Saturday Sept 11: Mandala Art (Coffee Mugs)
- Saturday Oct 16: Mandala Art (Canvas)

The Beach Art Center is open to the public Monday – Friday, 9-4. Please come see our two galleries full of art and beautiful gift shop. Looking for a special gift? Check out our shop, our unique items are all made by local artists. Our our next Gallery Show titled "Just My Imagination" runs through the end of August. We are located at 1515 Bay Palm Blvd, Indian Rocks.

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To volunteer, contact Communications Coordinator Emily Bloxam at emilyflbgfoundation@gmail.com.

100 WOMEN WHO CARE OF PINELLAS COUNTY

They presented Cindy's Pets with a donation of \$11,650 on July 7, 2021. Cindy's Pets provides and delivers pet food for the pets of senior citizens in Pasco County participating in the Meals on Wheels program, thereby assuring that both the seniors and their pets have plenty to eat. The group will also receive a \$5,000 matching grant from the Richard M. Schulz Foundation.

100 Women Who Care of Pinellas County is a philanthropic group that provides an avenue for women to join together to bring financial support to local, charitable organizations that have a 501(c)(3) status. Members commit to attending four meetings per year (one per quarter) and pledge to donate \$100 to an elected charity at each meeting. For each meeting, the members have the opportunity to nominate a charity, three of the nominated charities are then randomly selected to give a 5-minute presentation, a vote is taken, and then checks are written directly to the winning charity. Since February of 2013, the group has given \$318,850 to local charities.

The next quarterly meeting (with options of both Zoom and live) will be 7-8:00 pm Tuesday, August 17th at Cove Cay Golf Club, located at 2612 Cove Cay Drive in Clearwater. There is a social time from 6-7pm at the Cove Cay restaurant, where drinks and snacks may be purchased. Contact Brenda George at 727-515-1868 for more information or visit their web site at www.100womenpinellas.org.

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- (Rides open at 12 pm)

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Community News

BELLEAIR GARDEN CLUB

They are hosting a casual and enjoyable Jewelry Exchange on Wednesday, August 11th, 11:30am at the Belleair Garden Club, 903 Ponce de Leon Boulevard in Belleair.

Guests will join club members and bring 3 pieces of jewelry, handbags, purses or scarves to exchange for 3 items selected from donated items. Attendees should also bring a bag lunch. The Club will provide dessert and drinks. It's a summer casual event, with no fee and does not require RSVP. Club members, friends and guests throughout Pinellas County are welcome to attend. Contact Jan at (727) 412-2344 and/or belleairgardenclub.com for information.

The Jewelry Exchange activity is hosted each summer to promote membership and in preparation for the annual "Junk & Jewels" fundraiser to be held in January 2022. Donations for the January sale are welcome.

The Club is accepting donations for their annual "Junk & Jewels" Fundraiser on the 1st Saturday of each month, beginning August 7th from 10 am to noon at the Belleair Garden Club, 903 Ponce de Leon Boulevard, Belleair. Drop off dates include: August 7th, September 4th, October 2nd, November 6th and December 4th. Dates will be member staffed.

Eclectic junk, jewelry, housewares, artwork, books, handbags, scarves, hats, belts, shoes and table top décor will be accepted. Items that will not be accepted are: furniture, electronics and appliances. Other items accepted on a case-by-case basis.

The Belleair Garden Club, a non-profit organization in its 71st year, raises funds to support scholarships for post high school students and historic preservation programs in the community. During the summer, social activities are presented and in October regular monthly club meetings are held. COVID safety practices are in place.

BLUFFS BUSINESS ASSOCIATION

The BBA is excited to announce that they will be hosting the Bluffs Wine Walk on October 23, 2021! They expect to have at least 800 people attend and are optimistic that they will have many new businesses join in as vendors as their membership is growing at a rapid pace. Call Bonnie Trembulak at 686-8797 or Larry Bell at 644-9197, visit www.BBAstrong.com or email info@BBAstrong.com

DALI MUSEUM

Van Gogh Alive Special Exhibit Ended June 13, 2021. The new special exhibit, The Woman Who Broke Boundaries: Photographer Lee Miller, is running now through January 2, 2022. You can learn more at www.thedali.org.

Surreal Summer Nights returns on August 19. Simmer down with the melting clocks and stroll the Museum grounds to the tunes of DJ Fresh while you take in the works of Dalí and their special exhibition. Click here to reserve your ticket.

Partake in Spirits of the Age: An Evening of Art and Tastings. In partnership with local distilleries — Dark Door Spirits, Florida Cane, Kozuba & Sons Distillery, St. Petersburg Distillery and the Tampa Bay Rum Company — they invite you to a special evening of art and spirit tasting inspired by a rich period of history.

Bluffs Wine Walk
October 23, 2021
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Community News

ST. PATRICK CATHOLIC SCHOOL

St. Patrick Catholic School, 1501 Trotter Rd., Largo, is hosting their 55th Annual Fun Fair - "Celebrate Good Times, Come On!" Fun Fair 2021 Thursday, September 16th - Sunday, September 19th.

This year's theme reflects the hope of all after a year of suffering through the pandemic. Along with the carnival rides and games, Fun Fair will once again offer a Silent Auction, Raffles and food specialties such as, Sausage and Peppers, Fried Dough, Hamburgers, Desserts, Hot Dogs and Pizza. In addition to all of these choices, you can savor the Homemade Egg Rolls, and Mexican specialties prepared by the St. Patrick School parents.

Enjoy your meal with a beer or margarita in the Beer Garden or sit center stage to enjoy the weekend long free entertainment, highlighted with a DJ for Alumni Night, Friday the 17th and Reverend Barry and the Funk, Saturday Night the 18th. The rent your own table Flea Market is Saturday and Sunday from 9 am to 3 pm, indoor and outdoor spots are available.

Ride bands and food and game tickets can be purchased at pre-sale discount prices. If you would like to be a sponsor or provide a donation for the Silent Auction visit stpatrickcatholic.org or email pruppel@stpatrickcatholic.org.

BELLEAIR ROTARY CLUB NEWS

Their "Wine and Tapas at the Bluffs," held in May was a great success. Over one hundred guests attended and enjoyed the very first Wine & Tapas at the Bluffs arranged by Belleair Rotary Club. Over \$5,000 were raised through ticket sales, sponsorships and raffle tickets.

The Net Proceeds of \$4,000 was presented to the Belleair Elementary School and Mrs Kelly Austin at a ceremony on June 8 with Club President Sebastian Berdychowski together with wife Jowita.

They want to thank all their sponsors including wine from Bella Vino and Food Appetizers served by E&E Stakeout Grill, Belleair Mart, Sekushi Sushi and Belleair Coffee.

TASTE FEST AT CLEARWATER MARINE AQUARIUM

AMPLIFY Clearwater is host their annual Taste Fest at the Clearwater Marine Aquarium September 24th, from 6 to 9pm. The evening features 30+ local restaurants from all over the Clearwater area, as well as wine and craft beers. Taste Fest will be waste-free this year! Sponsors include Clearwater Gas System, BayCare, Bob Heilman's Beachcomber and more.

"Taste Fest is a fun and exciting night, full of delicious food, entertainment and engaging in what this community has to offer," remarked Amanda Payne, President & CEO of AMPLIFY Clearwater. "AMPLIFY Clearwater is proud to be working with local restaurants to make this year's Taste Fest one to remember."

AMPLIFY Clearwater is pleased to announce that this event is in conjunction with Clearwater Offshore National's VIP Party and Meet & Greet! The VIP Party and Meet & Greet will also be held at CMA prior to Taste Fest. Come meet the incredible drivers of the Clearwater Hooters Offshore National's teams, and enjoy complimentary unlimited food and drink. This will be a special ticketed event.

For more information visit amplifyclearwater.com/TasteFest.

Community News

BELLEAIR BEACH LADIES LUNCH CLUB

Proudly celebrating sixty-two years in existence, members of the Belleair Beach Ladies Luncheon Club look forward to their annual season beginning October 12th, at the Beachcomber Restaurant. Meetings this past season were interrupted by the Covid virus and reservations for the few meetings that were held had limited seating, but President Linda Christian and her Board members did an outstanding job enabling them to attend some lunches.

They completed their abbreviated season with lunch and the installation of officers for the coming year at Watercolour Grillhouse on Sand Key. Officers for the 2021-2022 season are Karen Rafferty-Secretary, Deborah Hendricks-Treasurer, Becky Burgess - 1st Vice President and Linda Christian-President.

This year the ladies will support the efforts of Shepherd's Village, a local organization providing development, housing and growth opportunities for single mothers.

For further information about becoming a member, please call Lois O'Donnell, Past President, 727-595-1349

FLORIDA CELTIC SOCCER CLUB

Florida Celtic is developing and managing soccer programs at the Belcher Road Soccer Complex. The new relationship with the City of Largo allows Florida Celtic to expand the recreational and competitive soccer networks to a second location in Largo and fourth campus in Pinellas County.

"With a heavy emphasis on establishing a robust recreational program at the Belcher Road Soccer Complex, we look forward to a partnership that will greatly benefit the families of Largo," said Florida Celtic Recreational Director John Orr. "This relationship gives us the ability to provide the same quality programs at Belcher Road Soccer Complex that have established Florida Celtic as a truly 'player first' community driven soccer club, already serving over 500 Largo residents."

"The goal of the City of Largo is that we want a successful recreational program with opportunities for everyone and I absolutely wholeheartedly feel that the decision to work with Florida Celtic is going to also reach out into those areas of people that cannot afford to get on the soccer field, and that's a very big step for those children," shared Joan Byrne, Director of Arts, Parks and Recreation.

Florida Celtic Soccer Club, with nearly 1,500 current players, looks to advance soccer in Pinellas County to offer children ages 3-18 recreational and competitive opportunities, including soccer clinics, higher leagues and camps.

The organization will offer Free Clinics for ages 3-12 at the Belcher Rd. Soccer Complex. Details are available on www.floridaceltic.com and all players must pre-register.

In addition to offering programs at Belcher Road Soccer Complex, Florida Celtic will offer Free Clinics and a Little Rascals program for players 3-4 years old at Highland and Southwest Recreational Centers as well as other locations throughout the City of Largo.

Registration is open for recreational leagues that begin in September/October for ages U6-U18. Early Bird and Sibling discounts are available. For information or to register for tryouts, visit www.floridaceltic.com, email info@celticfl.net or call (727) 282-4660.



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