



**BRIDGE TENDER
CAPTAIN RANSOM**

Captain Ransom was one of the best known Indian Rocks Bridge Tenders. As a young boy he sailed the Great Loop with three other boys in a thirty-foot Yawl. After they completed the journey, their story "A YEAR IN A YAWL" was published in 1923.

Donna Ransom, was married to Captain Ransom's son. Her children often asked for more information about their grandfather "Cappy," and Donna wrote this for them. Granddaughter Posey Ransom Harwood forwarded it to us and asked us to share it. Posey grew up in Indian Rocks and lives in Palm Harbor.

I first met Cap in December, 1933. I was on vacation in Indian Rocks Beach with my mother. We had driven from South Bend, Indiana. Mother and I spent a few days with the Harris family, across from the Hendricks girls. They walked me down the road to the old turn-style bridge that went across Boca Ceiga Bay (now the Intracoastal and the narrows). I wanted to taste the water; I didn't believe it was salty because my only experience with large bodies of water was with lakes. We stopped and talked to Cappy, who was the bridge tender. Cappy talked about his trip and I was astounded, because I'd read his story, even writing a book report on it when I was in the seventh grade.

In 1935, I married Wyllys "Bill" Ransom, Caps only son. Bill was a commercial fisherman. He owned a fish market and fished with a net. Over the years, Cappy and I had many great talks. So here is the rest of his story...

Cappy was born in St Joseph, Michigan in 1879. His given name was Kenneth Malcolm Ransom. He was the seventh of eight children. His brothers were all professional men, old enough to be his fathers. His grandfather, Epafrititus Ransom was the fifth governor of Michigan and Chief Justice of the Michigan Supreme Court.

Cap completed high school and studied Marine Architecture. He built several boats before building the Gazalle; she took a year to build.

He planned his trip in Gazalle from Lake Michigan down the Mississippi to the Gulf of Mexico following the coastline of Florida (past Indian Rocks), turning up the East Coast of the U.S., to the Erie Canal and then back home. Three other young boys went with him but one was forced to drop out due to health problems. One boy, Arthur, who was very close to Cap, later created the comic strip Maggie and Jiggs. There were a lot of newspaper articles about the four young men and their journey. At every port along the way, there were crowds of people interested in yachting, waiting to greet them.

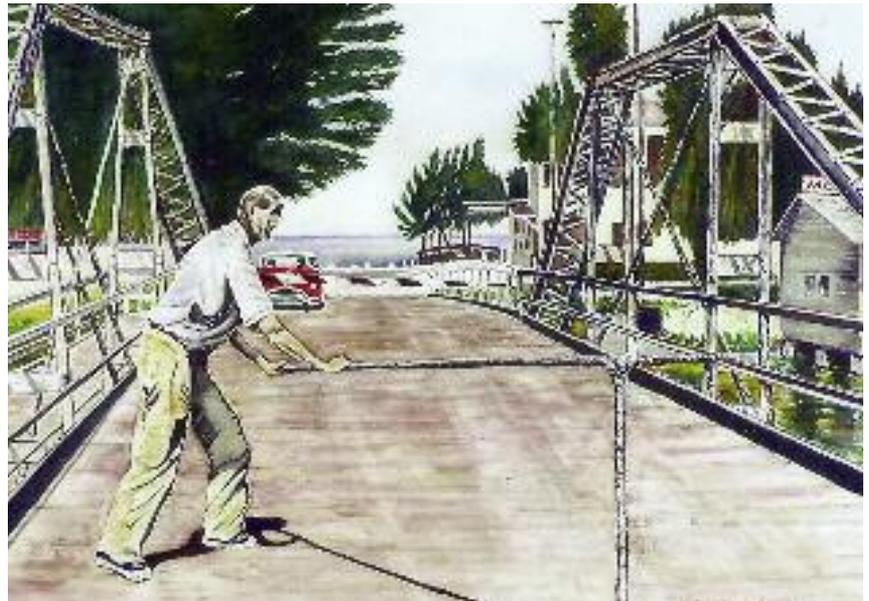
After the trip, Russell Doubleday stayed with Cap and wrote the book, "A YEAR IN A YAWL" using Cap's log and reminisces. The story ran in serial form in the first ten issues of Boy's Life magazine. It was later a book.

In 1903, Cap married Alice Hamilton, a Methodist preacher's kid. They had three children - Gretchen, Wyllys and youngest Mary, who was born in Florida. They are all deceased - Wyllys in 1973, Gretchen in 1994 and Mary in 1996.

Cappy worked for Commonwealth Edison in Chicago. In 1912, he was told he had Brights disease. It was suggested that he should leave the cold Chicago climate and move south. He left wife Alice, Gretchen and Wyllys with his in-laws and traveled by train to Largo in the fall of 1912 where he had bought five acres of land through a deal with Commonwealth Edison. It was only \$5 per acre.

He spent the first night at the Largo Hotel (a rooming house), at 2nd Street, just west of Railroad Avenue. The next morning he went to the livery stable and bought a horse named Salem and a wagon. Then he went to the feed store and bought a tent, supplies and some food. He loaded the wagon and set out to find his land.

He was delighted with his good fortune. The land was fairly high, overlooking Boca Ceiga Bay with a creek running across the back, draining into the Bay. The property was loaded with slash pines and tall palms. After clearing a place for the house, he cleared a smaller space for a workshop and cabin. It was his first mistake. In a few months the bugs had eaten the logs and the whole building collapsed.



Cap Ransom opening the bridge in a painting by Bill Brandon.

PRESORTED STD
U S POSTAGE
PAID
Permit No. 4008
St Petersburg, FL

CREDITS



This newsletter is published by GRIFFIN PRODUCTIONS, Inc. and is mailed to every occupied residence and business in Indian Rocks Beach. We are not officially associated with the City of Indian Rocks Beach.

PUBLISHERS

Bob & Becky Griffin
Residents of Indian Rocks Beach

ART DIRECTION

Becky Griffin

SALES

727-517-1997

CONTACT INFO

P.O. BOX 1314
Indian Rocks Beach, FL 33785
517-1997 ~ 517-1998 FAX
IRBNewsletter.com

Is there something you would like to see included in this newsletter? Please send all comments to bob@griffindirectories.com

© 2014 Griffin Productions, Inc.



CITY NUMBERS

CITY HALL 595-2517
1507 Bay Palm Blvd
www.Indian-Rocks-Beach.com

CITY MANAGER - Gregg Mims
MAYOR/CITY COMMISSION . 517-0204

MAYOR - R.B. Johnson
COMMISSIONERS —
Cookie Kennedy Vice Mayor • Terry Wollin
Phil Hanna • Jim Labadie

City Manager, 595-2517
Gregg Mims

Building Department: 517-0404
Don Weigner

Planning & Zoning: 517-0404
Danny Taylor, Dir.

Public Services: 595-6889
Dean Scharmen, Dir.

IRB LIBRARY 596-1822
Next to City Hall

M-F 10-5pm, Tu-Th 7-8:30pm, Sat 10-1pm
IRB HISTORICAL MUSEUM . . . 593-3861
Across from the Post Office

IRB HOMEOWNER ASSOC. . . . 517-3131
Becky Griffin, President - IRBHome.com

IRB BOAT CLUB
Bob Griffin 517-1997

BEACH ART CENTER 596-4331
Next to City Hall, 1515 Bay Palm Blvd

POST OFFICE / IRB 596-2894
204 4th Avenue 33785, Near Crabby Bill's

Mon-Fri 8:30A-4:30P; Sat 9A-12:00P
IRB ROTARY

Meets at Jimmy Guana's every Wed. 7:15AM
Bruce Sobut, Past President . . . 403-4060

ACTION 2000
Eric Meyer 744-0123
Meets 2nd Monday Each Month Beach Art Ctr

BEACH FOOD PANTRY 517-2534
1615 First St. M-W-F 10 am-12 pm

LITTLE LEAGUE 417-7349
IRB WELCOME CENTER 595-4575
CHAMBER OF COMMERCE
Gulf Beaches 360-6957
Clearwater Beach. 447-7600
AA & AL-ANON MEETINGS . . 595-1038
ELECTRICITY 443-2641
PHONE (Residential) 800-483-4000
PHONE (Business) 800-483-5000
WATER 464-4000
CABLE (Bright House) 329-5020
SEWER / IRB 595-6889
TRASH / IRB / Pick Up 595-6889

EMERGENCIES: 9-1-1
SHERIFF NON-EMERGENCIES 582-6200
SHERIFF DISPATCH 582-6177
IRB FIRE STATION 595-1117

COUNTY INFORMATION 464-3000
COMMISSION OFFICES 464-3377
Karen Seel 464-3278

STATE:
Senator Jeff Brandes 727-552-2573
Republican, District 22
3637 Fourth St. N., Suite 101 St. Petersburg
Brandes.Jeff.web@flsenate.gov
Representative Larry Ahern 727-545-6421
Republican, District 66
5511 Park Street N. St. Petersburg
larry.ahern@myfloridahouse.gov
Governor Rick Scott
Rick.Scott@myflorida.com

FLORIDA UNITED STATES SENATORS:
Marco Rubio 202-224-3041
www.Rubio.Senate.gov
Bill Nelson 202-224-5274
www.BillNelson.Senate.gov

AREA UNITED STATES REPRESENTATIVE:
Vacant 727-394-6950
9210 113th St, Seminole, FL 33772
www.house.gov/young

2014 CALENDAR OF LOCAL EVENTS

JANUARY

- New Years Day 1
- Public School Re-open 6
- Coffee with a Cop 7
- Little League Registration Ends 9
- Homeowner's Happy Hour 9
- Little League Registration Ends 9
- Primary Election for Congress Seat 14
- Boat Club Meeting 16
- Schools Closed Professional Day 17
- Boat Club to The Pub 18
- Martin Luther King Day 20
- Heritage Village Pinellas Folk Festival 25
- Gasparilla Tampa 25
- Postage Cost Increase 26
- Chinese New Year 31

FEBRUARY

- Ground Hog Day 2
- Super Bowl 2
- Florida State Fair 6-17
- Little League Opening Day 8
- Boat Club's Island Way Grill Brunch 9
- Community Clean Up 10-12
- Homeowner's Happy Hour 13

- Valentine's Day 14
- Blood Drive at the IRB Post Office 14
- Chemical Recycling Event Seminole 15
- Action 2000 Valentines Dance 15
- Sea Blues Festival Coachman Park 15-16
- Presidents Day 17
- Barkus Parade JD's Restaurant 22
- Monte Carlo Night Beach Art Center 22

MARCH

- Historical Society Spring Luncheon 8
- Daylight Savings Time Begins 9
- Homeowner's Happy Hour 13
- Great America Clean Up 15
- Boat Club Intracoastal Clean Up 15
- Mobile Collection in Largo 15
- GreenFest 15
- Heritage Village National Quilting Day 15
- St Patrick's Day 17
- Spring Begins 20
- Blue Grass Folk Fest 22
- Boat Club at Salt Rock Grill 23
- Pinellas School Spring Break 24-28
- St. Petersburg Grand Prix 29-30

NEXT ISSUE IS MARCH

Do you need another copy of this newsletter? Ask for them at USA Grocers or any IRB realtor's office.

This newsletter is printed every other month and survives on local advertising. Please support the people advertising here. If you are an IRB resident wanting to advertise, you get a discount. We also offer discounts for advertising in our other issues Belleair Area, Clearwater Beach and Downtown St. Petersburg.

To advertise in the next issue, call us. Read this or our other issues online, at BeachNewsletters.com



It's Aqua Prime Time!

Mussels Divine
is not a body builder.
It's a divine appetizer. Yum!

FRESH SEAFOOD | CERTIFIED ANGUS BEEF | AWESOME CHEF
HAPPY HOUR 4:30-6:30pm | LIVE MUSIC



213 Gulf Blvd. | Indian Rocks Beach, FL 33785
For Reservations: 727.330.7724 | aquaprimeflorida.com

Strategic Tax and Financial Services, LLC
50 % OFF
What you paid last year for your Tax Preparation

1040 Department of the Treasury—Internal Revenue Service
U.S. Individual Income Tax Return
 For the year Jan. 1–Dec. 31, 2013, or other tax year
 Your first name and initial

United States Treasury
 Pay to the order of

We just opened an area office. Call for this special promotion

Personal & Business Tax Returns
David Butt, EA
 14503 Walsingham Road, Largo | 727- 595-6525
Strategictaxfinancial.com
 Offer expires 4/30/2014 | Terms and conditions apply

Voted 2012-2013 Best Breakfast
 by the IRB Neighborhood Newsletter Readers

CAFE DE PARIS
French Bakery since 2002

ENJOY Coffee & Pastries

SERVING Sandwiches, Soups, Pastries, Crepes, Salads, Pies, Cakes, Cookies & Special Coffee

Mon - Sat 8am - 6pm
 Sun 8am - 2pm

2300 GULF BLVD
 INDIAN ROCK BEACH
593-0277

www.CafeDeParisBakery.com

Did You Know....

MEET THE NEW FATHER Father Jon has joined Calvary Episcopal Church as Father Bob's replacement. He comes here from St Paul's in Naples, Florida after having served at several other Florida



Episcopal churches, including Sarasota. Father Jon (45) and his wife Lynne have two children, Emma (14) and Watson (11). They bought a house nearby in Seminole. "The people of Indian Rocks Beach seem to be very gracious, compassionate and loving," says Jon after his first month here. "We look forward to getting to know them all." Father Jon's first responsibility was the October 5th Blessing of the Animals with dogs, cats, birds and other pets. As he says, upon arriving in Indian Rocks Beach, "I was thrown to the dogs."

TURKEY DINNERS DONATED Each year, Publix on Indian Rocks Road and the Pinellas County Sheriff's office team up to donate Holiday Meals to fifty area families for Thanksgiving, Christmas and Easter. Publix prepares the dinners complete with turkey and various Sheriff deputies deliver them. Each dinner is valued at \$53 dollars. They have been doing this for over 10 years.

GULFSIDE GALLOP 5K RUN BECOMES A SUNSET RUN The popular 5K Run/ 1 mile Fun Walk hosted by the Indian Rocks Beach Homeowners Association has always been the morning of Beauty & The Beach, but this year it is moving to the Friday evening before. Having a sunset run will allow for a slightly expanded event to include food, music and beer, plus free up volunteers and city staff for the next day's Beauty and the Beach. Look for registration for the April 4, 2014 event to open by mid-January.

NO WINTERFEST THIS YEAR It was announced that there will not be a Winterfest event at the Calvary Episcopal Church in February. It was dropped from the calendar of events due to a lack of planning volunteers. It was a big fundraiser for the Church and its Food Pantry.

ASHES TO ART In October, lightning struck a palm tree in the 500 block of 20th Avenue. Instead of removing it, the owners decided to turn the tree into art. They contacted Carl Provchy, a local wood carving artist who lives in the Tyrone area. He makes artistic parrots, fish, iguanas and more out of all kinds of things including palm tree sections and palm fronds. The dead palm was over 20 feet tall before he had to cut part of the top off. He started from the bottom with his chain saw and chisels and art was born. The tree features the IRB's logo in the middle and a pineapple at the very top, meaning "Welcome." Want one of your own? Call Carl at 643-9782.





GREAT JOB Have you noticed the IRB post office sign has been repaired and repainted? The sign, originally carved by George King and Herb Oppel in 1986 was in poor shape. IRB resident Ron Sacra, noticing it needed some TLC,

got permission from the Postmaster to remove and repair it. He took it apart and spent 5 days at home filling the rotten wood with a special product, sanding and then painting it. Action 2000 paid for his supplies.

NO MORE INSERTS Did you notice this issue has no inserts? Indian Rocks was the only one of our newsletters with inserts and we have elected to stop offering them. It slowed us down to much with all the logistics involved. You may notice though the City's insert information is now part of the newsletter. When possible, we will also try to include various organizational information in our editorial content that previously was only available on an insert. We hope you enjoy this cleaner version of our newsletter.

COAST GUARD AUXILIARY CLASSES The next Boating Safety Classes will be January 11 & 12, and February 8 & 9, at 8am. The classes cost \$35 and are conducted in the Clearwater Police Headquarters. They expect to have their new building completed at the north end of Clearwater Pass by July. Eventually, classes will be held there. The Coast Guard Auxiliary assists the Coast Guard in their mission and services the area. For information, call Jeff Lawlor at 474-3028 or Karen Miller at 786-0959.

CONGRATULATIONS KAREN Recently, County Commissioner Karen Seel was nominated by fellow commissioners as the new Chairman of the County Commission. Commissioner Seel, who owns a house on the beach in the narrows, represents an area that includes Sand Key and the beach towns down to Madeira Beach. Susan Latvala was elected as Vice-Chair. She represents Clearwater Beach and Island Estates.

CLEARWATER AQUARIUM TO REOPEN ON WEEKENDS The Clearwater Marine Aquarium, closed most days to accommodate Hollywood and the crew filming Dolphin Tale 2, has announced they will be open for business on weekends from 9am to 6pm, while the actors take weekends off. Get more information on www.SeeWinter.com.

BEER THIRTY To appeal to the thirty something Craft Beer crowd, Bella Vino Wine and Cheese Market is trying something new, a monthly "beer tasting" event. Everyone is invited to socialize and network while tasting different styles of craft beers and cheeses. They will even have a little wine, too. The mingle costs \$20 per person and includes appetizers from E&E Stakeout. The next mingle is January 22nd. Please RSVP by calling 584-5552.



OUR NEXT ISSUE IS MARCH Read this, as well as other issues, online at BeachNewsletters.com.

NOELLE DANIEL WEALTH MANAGEMENT, LLC

— INVESTMENT SERVICES —

— RETIREMENT PLANNING —

— INSURANCE —

www.ndwealthmanagement.com

Noelle Daniel, CRPC®, CFP®

PRESIDENT, PRIVATE WEALTH MANAGER

20001 Gulf Blvd., Suite 8 • Indian Shores, FL 33785

PHONE: 727.408.5209 • TOLL FREE: 855.292.2919

Noelle.Daniel@LPL.com

Securities are offered through LPL Financial, member FINRA/SIPC



Greek Inspired Menu

Daily Cocktail & Martini Specials
10 Flat Screen TVs | NFL Package
Outdoor Patio

Monday Wings - 40 Cents
Tuesday Shrimp Tacos - \$3
Wednesday Gyro 'n Pilsner - \$7
Thursday Mahi Tacos - \$3
Sunday NFL Package

Live Entertainment

SANDBAR ~ 596-3332
1309 Gulf Blvd. Indian Rocks Beach

MOST SINGLE FAMILY HOME SALES IN IRB



...TWO YEARS RUNNING!

GORDON OBARSKI

Broker Associate

727.480.4665 • gordo@cmdinc.net



doironrealty.com

My Florida Regional MLS, Agent Ranking Report
List & Sell Side Single Family Transactions (1/1-12/31/12 & 1/1-12/31/13)

Real Estate News

2013 REAL ESTATE REVIEW A short story



By Gordon Obarski, Broker Associate
Doiron Realty on the Beach

Indian Rocks Beach/Indian Shores' year-end real estate wrap-up normally fills an entire page. This year, it's summed up in four words: Transactions down; prices up. The number of sales declined 15% from 2012. Condo sales were off 10% and there were 35% fewer single-family sales.

At the same time, the median sales price of condos rose 5% and single-family homes appreciated 10%. End of story. But, instead of leaving the rest of the page blank, let's look backwards, then do a 180 and peek into 2014.

The high water mark for home/condo prices was 2005. The bottom for single family homes came six years later in 2011; 2009 for condos. Last year (2013), single-family homes basically returned to 2004 pre-boom levels and by 12/31/13, they had bounced 38% of the way back to the 2005 peak while condos have sprung back 33%. From the 2011 low point, single-family homes are up 44%, and condo values have risen 31% since their rock-bottom in 2009.

What did Santa stuff down the chimneys of home/condo sellers and buyers for 2014?

HIGHER MORTGAGE RATES

Mortgage rates are expected to hit 5% by year end--up from the 3%-4% lows of last year-- but still attractive. While more money is available, fewer buyers will qualify due to stricter federal lending rules that take effect mid-January. While some see the new qualified mortgage rules, which set more cautious debt-to-income (DTI) ratios, as an overreaction to fear of another bubble, others expect them to give lenders a better picture of their risks, encouraging them to loosen the purse strings further.

LESS FRENZY

For those who can afford to buy, next year will not be as hectic. Higher prices will encourage more homeowners to sell. There will be less competition from investors who scaled back because of rising prices and higher interest rates. Fewer foreclosures will further reduce the chaos: negative equity fell at the fastest pace ever last year. In 33785, foreclosures/short sales last year were about half what they were in 2012.

FEWER TRADE-UPS

Nationally, repeat buyers will move into the spotlight. NOT SO in IRB/Indian Shores. Those who, sometime back, bought a vacation home and since decided to make it their full-time residence need more space. But, if their current home is ground level, flood insurance rates may scare off financed buyers and they will also face higher, non-grandfathered insurance rates on their new purchase.

At the end of 2012, we donned rose-colored glasses but yanked them off about halfway through 2013. Even with 2014 being another year of brisk tourism and population growth three times faster in the South than in other areas, economists predict the New Year to be a rerun of the previous one with only moderate growth.

Source: My Florida Regional MLS

The World's First Flavored Crust

DEEP DISH PIZZA

8 THICK slices, with our signature Free Flavored Crust!

\$7.99

2-Toppings

WE DELIVER!

ORDER ONLINE
hungry-howies.com

LARGO (WALSINGHAM)
14219 West Walsingham #V
Walsingham W/ Regal Plaza

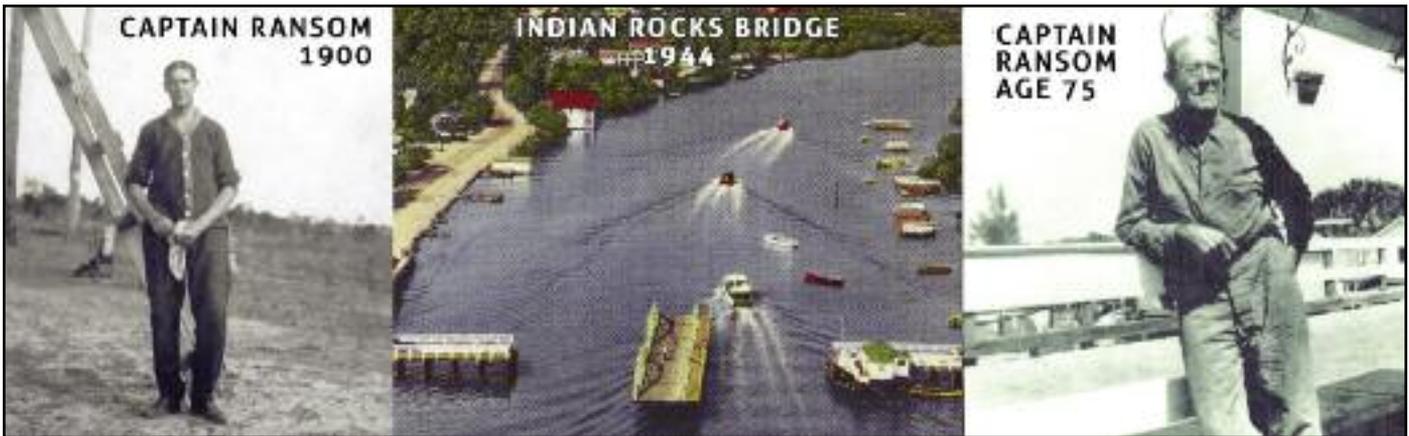
727-596-1400

Round or Deep-Dish
OR 1 OF EACH!

2 Medium 2-Topping Pizzas and a 2-Liter

\$16

Plus sales tax. Delivery Extra. Limited time offer.



CAPTAIN RANSOM CONTINUED

He drew up house plans with two bedrooms and a huge stone porch. Lots of stones were available from the bay. The house faced the bay and had stone pillars on each corner that were actually cisterns. Rain from the tin roof drained down into them so they held a good supply of rain water. He dug a well and had a force pump for dry weather. The water was full of sulfur, smelled awful and tasted worse. The house had lots of built-in furniture and cupboards, like a little ship. The two bedrooms and kitchen had sinks made from hammered copper that were works of art.

In an alcove in the living room, he built a huge stone fireplace and fashioned bunks on either side, with drawers below like a ship's stateroom. The dining room had leaded glass windows with dish cupboard doors also of leaded glass. The glass was salvaged from a train wreck in Anona. His health had greatly improved and he sent for his family who arrived 15 months after he had come to Florida. By then, he had finished his house and was building cottages in Indian Rocks Beach and boats for fishermen.

He built a house in Tampa for his brother-in-law James Hamilton, who was totally blind. The plans were in Braille. The house had twelve rooms plus a ballroom. It was on the Hillsborough River in Sulphur Springs and built entirely of bricks made on site by Cap and Jim. The brick's clay came from the river bank. Once a month, he rode his bicycle home with supplies for the family. It was thirty miles, each way.

Once during the year of 1921, he noticed the sky looked strange. Since he had no way of getting a weather report, he decided to make the bike ride home. The weather became worse with every mile. When he finally reached home, the wind was blowing and the water had risen into the yard. Cap drilled holes all through the floor so the water would come in but not wash the house off the foundation. Cap tied oilcans to Mary's Crib so it would not float away. He then wrote a letter explaining what he had done and sealed it in a jar. All through the night they prayed they to be spared.

Mother Alice told me that the waves came over the island and splashed up on the stone porch of the house. The big Australian pine trees snapped like tooth picks. The next day, Wyllys rode the family horse down to Indian Rocks through the orange groves and up the road. The waves were breaking into the bay. I understand that water covered the island for three days. later that storm became known as the Hurricane of 1921 a Category 3 storm. (Several years after I married into the family, I found the jar, wrapped in burlap and tied into the rafters of the old house. It was a real treasure, but somehow it was lost during one of our moves.)

Cap was hired as a night man on the key turned bridge connecting the mainland to the island. After the bridge was

sold to the state, he lived in the bridge's house and worked all three shifts. When a boat needed to go through the bridge, they would blow a horn and he would insert a large key into the middle of the bridge, then walking in circles pushing the bar on top of the key, would open the bridge. He built a workshop under the bridge and made toys and little boats. He even laid a keel for Gazelle II. He built a steamer to bend the planks and bought lumber at least three times, but then he'd get busy on another project and the lumber would be used for some other job.

I am sure Cap personally replaced every plank on the old bridge and I know he bought the big spikes he used out of his own pocket. I'd pick them up for him at the hardware store in Clearwater and they cost \$1 each.

The old house burned to the ground in 1940 and Mother Alice came to live on the bridge too, until she died in 1941. Cap worked on the bridge until 1953 when after stomach surgery, he went to live with Mary and her family in Georgia. He became so homesick, after I finished my LPN schooling, we had him come back to Florida and live with us. He really was glad to be home and would walk to the post office and down to the old bridge, then to the drug store to make a small purchase and big talk. He would take youngsters that had helped him open the bridge for ice cream if he met up with them. When meeting old friends, they would reminisce about the good ol' days. He would go inspect the bridge and worry because of the lack of maintenance. The new bridge was being built, but his heart was always with the "Cappy Bridge," as all the kids called it.

Finally, the new span was completed and they blasted the old turn-table out of the channel. That really upset the Captain. He never walked that way again. He sat on the porch more and more just watching the traffic go by.

He was on a restricted diet and most of his food was blended. He loved old-fashioned oats and ate them 365 days a year. When I sat his bowl in front of him he always said, "this makes me tough".

In December of 1957 he was complaining about his stomach again. He said, "I guess my lunch should have been blended". I said hamburger gravy and mashed potatoes don't need blending. I found out later that he had gone to the luncheonette and eaten two fried ham sandwiches and some pecan pie. He had a heart attack and died that night.

He lived a good life, always following the motto he carried on the Gazelle, "Keeping everlastingly at it brings successes." His success was his many friends and his joy of living. He lived to be 81 years old.

BEST OF TAMPA BAY 2009, 2010, 2012 & 2013

Tampa Bay's best in weight loss is now offering

BIOIDENTICAL HORMONE REPLACEMENT THERAPY

for your total wellness solution.

"LOSING OVER 60 LBS HAS
been such a boost in my self-confidence!"
Clara

CÉSAR A. LARA M.D.
 WEIGHT MANAGEMENT

727-446-3021
 BESTMEDICINEFORWEIGHTLOSS.COM

FOREVER HEALTH
 Proud Member of Forever Health

DR. LARA SAYS

by Cesar A. Lara, M.D.



Men also suffer a type of midlife physical change called "Andropause". Their bodies reduce the production of testosterone, which affects their bones, organs, brain and libido, just as in women.

In men, symptoms of low testosterone are typically a decrease in muscle mass, an increase in belly fat (may be referred to as a "beer belly") along with fatigue and a disinterest in life. Instead of the vibrant and motivated person you once were, you may now become tired or withdrawn with little energy, no desire to exercise, or other activities you used to enjoy.

Adding to the disinterest in life, your libido and performance also declines; so emotionally you don't feel like the strong, virile man you once were. Your sense of well being is lost.

Testosterone is truly a life source to the male body. As in the female, it is important for heart health. A recent study of 2500 men showed that those with the lowest testosterone level had the greatest arterial blockage. That study also showed that men with higher baseline levels of testosterone had less cardiovascular disease and that supplementing with testosterone prevented worsening of cardiovascular disease.

Decreasing diabetes, reducing obesity, raising lean body mass, and protecting against heart attacks and progression of heart disease are some of the effects that testosterone therapy can have in the male body. A study from the Annals of Internal Medicine actually demonstrated men with higher levels of testosterone lived the longest.

To read the entire article please visit our website: bestmedicineforweightloss.com

BEACH ART CENTER ANNOUNCES EVENING CLASSES & EVENTS

Evening classes are now available for adults, teens and children including: Monday: Hand Building with Clay in the Pottery Studio and Thursday: Intro. to Drawing, Step-by-Step Watercolor Painting and for Children ages 6-12, Pottery After School. Classes start at 6:00pm, except 5pm for Children's class. Beginners are warmly welcomed. Also, private group "Make It and Take It" events are available.

Tickets are on sale for the Saturday, February 22nd Monte Carlo Casino Night held at the Art Center. Mark your calendars for the 4th Annual Blue Grass Festival on March 22nd and Beauty and the Beach Fine Arts & Craft Show on April 5th. Both are held in Indian Rock's Kolb Park and benefit the Beach Art Center. Sponsorships are available for these events. Contact them at 727-596-4331 or e-mail arts1515@gmail.com. Visit www.BeachArtCenter.org for more information. The Beach Art Center is located at 1515 Bay Palm Blvd., in Indian Rocks (next door to City Hall).

BELLEAIR SUNSET 5K & FUN RUN

Join the Belleair Parks and Recreation Department and Title Sponsor, Dex Imaging, on February 15 for the 12th Annual Belleair Sunset 5K & Fun Run! The 5K starts at 5:30 pm and the Fun Run at 5:45 pm. After running along the water at sunset, and through the heart of beautiful Belleair, get ready for the best post race party around! Enjoy live music and more complimentary food, drinks, and fun than one race can handle. Register before January 31, to get the discounted registration! For more information, visit www.belleairrec.com or call 518-3728

A Tradition for over 50 Years

The Pub
 WATERFRONT RESTAURANT

Rated BEST Place to DINE & DRINK

Dining • Docks • Drinks

INDOOR - OUTDOOR CASUAL WATERFRONT DINING
 Breakfast | Lunch | Dinner • Open Bar Daily

HOME of ISLAND MARINE RENTALS: Boats, Kayaks, Moopahs, Bicycles

20025 GULF BLVD. • INDIAN SHORES, FL 33785

don't see marker 27 | 727.595.3172 | thepubwaterfrontrestaurant.com

Hi, Cheekbones!

New Juvederm Voluma Adds Volume And Lift To Your Cheeks

Say hello to high cheekbones and goodbye to smile lines, marionette lines and sagging jowls. New JUVÉDERM VOLUMA™ XC is the only treatment in the world developed specifically to restore facial volume, giving you a younger looking, more heart-shaped face. And Radiance is the number one facility for Juvederm in Florida.

Free BOTOX (20 units), one area
with purchase of Juvederm Voluma

Offer expires February 26, 2014



There's a younger you inside™
2894 West Bay Dr. • Belleair Bluffs
727-518-7100 • radiancemedspa.com



Complimentary
Consultations

Medical Director:
Erika Francis, MD

German Imports Corporation
European Service Since 1976

Bosch Authorized Service



Proudly Serving You For 30 Years!

Michael K. Schulz

Courtesy shuttle within 3 miles of the shop

14286 Walsingham Rd.
Largo
727.596.1374

Restaurant News....

AQUA PRIME OPENS The long anticipated Aqua Prime is finally open for business. After many months of construction and



moved opening projections, they are serving some of the best seafood and steaks in town. Located where On The Rocks used to be, it is owned by Shirley and Emmett O'Barr with operating partner Tony Ewonaitis formerly with Bonefish Grill. They have inside dining, a sports bar and patio dining with live music. Every room received a major makeover and of course so did the menu.



NEW OWNER AT THAI PAN ALLEY Lynne Casey purchased Thai Pan Alley in November. The restaurant, originally opened in 1990, was previously owned by Jon Wing since October of 2008. Lynne may be new to town, but she is not new to the restaurant business. She was part owner of Redington Beach's Beachside Grill years ago. "I liked this Thai restaurant because Thai food is healthy," says Casey, "and I wanted to keep the business open." Lynne lives in Largo and has two kids.

COMING SOON CHICAGO JAQX This new restaurant should be open next month at 1511 Gulf Blvd, next to Century 21 Beggins in the site of the former Donnie's Cafe. It is owned by Gary Pantan who currently operates a small restaurant in the Hilton in Clearwater Beach. That restaurant supplied the food for December's Homeowners Toy Drive and Holiday Party and was a hit with the crowd.

JD'S GIVES BACK Last month, JD's got into the Christmas spirit with a party and silent auction of decorated Christmas trees. They donated half the proceeds - \$765 - to the Homeowners Toy Drive. Shown here are owner Jacque and Manager Kathy with Homeowners members and a few of the toys. Bring your dog and join JD's Saturday, February 22nd for their annual Barkus event and doggy parade. Call 595-1320 for info.



CLOSED Rocky's Neighborhood Diner, just over the bridge in Largo, closed without notice in November. It was owned by Tony Houvardas and family. Rocky was the Tony's wife, Raquel's nickname. Tony says a deal is in the works to reopen a restaurant there soon.

CHILI COOK-OFF AT BACKWATERS If you have the a great chili recipe or just like to eat it, plan to attend Backwater's 9th Annual Chili Cook Off Sunday, January 26th in the Shoppes of Sand Key. See their website at www.BackwatersOnSandKey.com or call Larry the owner at 517-7383 to get involved

Sales and Rentals



All that is Missing is You!

plumlee
gulf beach realty

417 1st Street
Indian Rocks Beach, FL
727-595-7586
plumleeproperties.com
[facebook/plumleerealty](https://facebook.com/plumleerealty)

In IRB Since 2001

INDIAN ROCKS BEACH BOAT RENTALS

We rent all kinds of boats for fishing, skiing, cruising, relaxing

10% DISCOUNT to all IRB RESIDENTS
mention this ad

727-517-1122

www.IRBboatRentals.com

BOAT RENTAL

Located at the **HOLIDAY INN HARBORSIDE**



WITH GRATITUDE, WE REMEMBER CONGRESSMAN BILL YOUNG

From the Tampa Bay Estuary Program

It is with great sadness that the Tampa Bay region marked the passing of Congressman Bill Young last month. While many people are aware of his tremendous support for public health, transportation, sustainable water supplies, and active and retired military personnel, they may not be aware of his pivotal role in the creation of the Tampa Bay Estuary Program.

In 1990, Congressman Young reached across the political aisle to work with Congressman Sam Gibbons, a Democrat, to sponsor the legislation that established Tampa Bay as one of only 28 "estuaries of national significance." Hillsborough County Commissioner Jan Platt was also instrumental in this effort. The result of this truly bipartisan initiative was an infusion of federal funds to jump start efforts to restore Tampa Bay through the community partnership that is the Tampa Bay Estuary Program.

In the ensuing 23 years, Tampa Bay has become an international success story. Overall water quality in the bay is now as good as it was in the 1950s, and we are regaining life-sustaining underwater seagrasses at an all-time high average of 730 acres per year, putting us within reach of our goal of 38,000 acres baywide.

In 2011, Congressman Young entered a Proclamation into the Congressional Record, recognizing the 20th Anniversary of the Tampa Bay Estuary Program and stating that it was "an honor to be a partner in this incredible successful partnership that has made an invaluable contribution to restoring this unique Florida ecosystem."

It has been our great honor to have had Congressman Young's support and engagement throughout the years. Tampa Bay's recovery is a testimony to his dedication.

GREENFEST

COTI Community Christian School's 7th annual GreenFest to be Saturday, March 8th from 11am to 5pm.

Join them for another wonderful Greenfest this spring celebrating local foods, eco-friendly products and non-profit organizations dedicated to preserving our environment. This is COTI's annual fundraiser event and signature environmental celebration for the entire community.

"Greenfest has become an annual event that celebrates the earth, local eco friendly businesses, artists, non-profit organization, the Indian Rocks Beach community and COTI school," states Christy Ward, Greenfest chair and creator of the event. "We are still looking for new vendors to participate this year, she continued.

The event is located at 24th Avenue & 1st Street, Indian Rocks Beach, 2 blocks east of Gulf Blvd, in the field between COTI Community Christian School and Church of the Isles and is free and open to the public

Please contact Christy Ward for vendor information and deadlines at crunchymama@live.com, 727-667-0019. Visit Facebook.com/IRBGreenfest or www.cotischool.org for more information.

BELLEAIR COMMUNITY GARAGE SALE

January 11 & 12 from 8 am-3 pm, search for treasures at Belleair's multi-family, community event. You can find a list of garage sale addresses as well as the registration form at www.belleairrec.com.

tripadvisor
WORLD'S MOST TRUSTED TRAVEL ADVICE
Certificate of Excellence
2011 - 2013
Keegans Seafood Grille

Keegan's
SEAFOOD GRILLE
ELEGANT YET CASUAL INDIAN ROCKS BEACH, FL

AS SEEN ON
food
network

*Take Out Food
Always Available*

*Check out our daily
fresh fish specials!*

voted
TOP 100
in Tampa Bay
by wherethelocalsseat.com

Voted 2011 & 2013 Best Lunch
by the IRB Neighborhood Newsletter Readers

16th Ave. & Gulf Blvd.
Indian Rocks Beach • 727-596-2477

Open 11am until 10 pm Sun.-Thurs.
Fri. & Sat. until 11pm

*Great
Children's
Menu*

www.KeegansSeafood.com

Follow us on...
www.facebook.com/keegansseafood

more **SPACE** place® **murphy bed & custom closet SALE**
 MoreSpacePlace.com



\$1,895
 Dream Saver Bed
SALE

INCLUDES:
 2 Side Cabinets,
 SERTA Mattress
 Delivery
 & Professional
 Installation
*Florida Sales Tax
 additional.*

FREE
 In-Home Design Consultation



20%* OFF
Custom Closets
\$1,000 or more

Palm Harbor Design Show Room
 727.773.9888
 U.S. 19 North of Tampa Rd.

Pinellas Park Design Show Room
 727.507.9799
 East north of Park Blvd & U.S. 19

**YES! We MEET or BEAT
 any LOCAL Advertised PRICE!**

A+ rating
 ACCREDITED
 BUSINESS

Order expires 8/31/14. Valid for Hillsborough, Pinellas, Pasco, and Hernando Counties only. See stores for complete details.

home offices • garage systems • pantries • craft rooms • utility rooms

**KEEPING YOUR WAISTLINE STABLE
 DURING THE HOLIDAYS AND BEYOND!**

by Coley Westerberg, PA-C



As we age maintaining weight is harder to accomplish, and losing weight becomes even more difficult. Our bodies tend to naturally slow down, burning fewer calories at rest and in return allowing for less calorie consumption than we were used to in the past. Because of the natural digression, it is important to realize dieting isn't for a limited time frame, it's a lifestyle change. It is also important to realize losing weight with just diet or exercise alone only allows for limited results. It is important to build lean muscle mass by including light weight exercise to your daily routine. Muscle has the ability to burn more than 4 times as many calories than fat. Follow these helpful tips and become a success story.

- Limit starch and sugar intake: Excessive insulin secretion stimulated by starch and sugar intake encourages the body to store calories as fat
 - Plan your meals and do not skip any: Planning meals will assist with making healthy choices and reduce likelihood of skipping a meal which can lead to over indulging
 - Calorie count and portion control: Hold yourself accountable for everything you are consuming, the little things can add up, ultimately leading to ongoing slow weight gain
 - Eat high in protein: Protein helps keep you fuller for longer and promotes lean muscle mass
 - Eat fresh and organic: Unfortunately many foods available are filled with growth factors and additional hormones, eating fresh and organic will help limit the exposure
 - Limit eating out: Frequently eating out can lead to unhealthy choices and larger portion consumption than you would if preparing your own meal
 - Eat meals at the dinner table: Eating on the couch, while watching TV, or in the car, can create habitual eating habits based on activity rather than truly feeling hungry
 - Stay hydrated: Don't confuse thirst with hunger
 - Ensure 7-8 hrs of sleep a night: Sleep deprivation alters levels of hormones in the body that regulate hunger, causing an increase in appetite
 - Skip soda: Simply eliminating empty calories can help shed pounds
 - Diet with a friend: Accountability is key
 - Exercise daily and use the stairs: Promote energy expenditure and increase resting metabolic rate
- If you still need the extra boost, no worries. There are plenty of medically supervised weight loss programs available. Many programs vary offering plans with all natural ingredients, to controlled substances including appetite suppressants and hCG.

"The rest of the world lives to eat, while I eat to live."
 Socrates

For more information about weightloss and weight management, contact PureLife Medispa and Wellness at 727-595-3400 or visit purelifemedispa.com. PureLife Medispa is located at 12442 Indian Rocks Road, across from Anona Elementary.

PAJANO'S OWNER PASSES

Recently, Indian Rocks Beach lost one of its best loved personalities Nick, owner of Pajano's Pizza for over 40 years, passed away in November. Most people simply called him "Papa Nick" and thought his last name was Pajano, but they were wrong; it was Faraone.

Nick grew up in Chicago. His father owned **The Cubby Bear Lounge**

directly across the street from Wrigley Field. That is where he learned how to make a REAL Chicago Italian Beef and his famous Steak-N-Cheese Hoagies.

He moved to Indian Rocks Beach in 1971 and bought an existing pizza joint called Pajanos named after the first owners, Paul and Jan (Pa-Jan-O). Then it was where the Red Lion Pub is today. In 1974, he bought his building at 1305 Gulf Blvd, where Pajano's today. He liked the location because it was across the street from IRB's fishing pier and the fishermen kept him busy. But, the pier blew down in 1985. By then, his business was so well established, he just kept on growing.

He met his wife Monica, at the store. She applied for a job and he hired her. They dated, married and eventually had 4 kids - Tracy, Tara, Nick Jr. and Mike.

Almost everyone who has lived in town for a few years knew Papa Nick. They remember his beaming smile, his rough gravelly voice, his jet black hair and his deep belly laugh. Most of all, they remember his food - Chicago style pizzas and over loaded hoagies.

Nick's legacy will continue to live on in through his kids. Nick and Mike will continue running the restaurant as they have for the last few years, and you might still catch Monica behind the window occasionally.

Pajano's Pizza is the oldest, continuously operated Indian Rocks restaurant - 43 years old next month.

BOAT CLUB NEWS

This time of year, with the cooler water, their outings involve local restaurants.

UPCOMING EVENTS -

- January 16: Meeting - Jimmy Guana's
- January 18: Lunch at The Pub in Indian Shores
- February 9: Brunch at Island Way Grill
- February 15-16: Sea Blues Festival at Coachman Park
- February 20: Meeting - Jimmy Guana's
- March 8-9: Boat Show Tropicana Dome
- March 20: Meeting - Jimmy Guana's
- March 23: Afternoon at Salt Rock Grill

MEETINGS - They meet at Jimmy Guana's (Holiday Inn Harborside) on the third Thursday of the month.

The IRB Boat Club, part of the Indian Rocks Beach Homeowners Association, is free to join. For more information, call Bob Griffin at 727-517-1997 or email BoatClub@IRBhome.com. Follow them on Facebook.com/IRBhomeowners.



The Seaside Real Estate Store LLC

Your Neighborhood Real Estate Store

Sales Rentals Property Management

Thinking of Selling?
Tired of Trying?

Give Us A Try **727.593.3008**

www.sandforsale.com

Together We Have Over 100 Yrs Experience
(Don't Worry...None Of Us Are That Old)

We Also Specialize in Vacation Rentals
Visit: **The Seaside Property Shoppe**

www.theseasideeps.com

1101 Gulf Blvd Indian Rocks Beach, FL 33785

Blair Snoko, DDS

Convenient to the Gulf Beaches

**Drop Dead Gorgeous
Cosmetic Dentistry**

**Crowns, Bridges,
Partials, Dentures**

**Implant Restorative
Dentistry**

**WELCOMING
NEW PATIENTS**
Call Deirdra NOW for
Our New Patient
Introductory Special

**Serving Seminole & the
Gulf Beaches for 34 years**

We Accept Most Dental Insurance Plans
13100-D Park Blvd
(727) 391-9741/ddsonpark@gmail.com



Business News....

BARBER SHOP

OPENS A new place to get your hair cut opened recently in town. Called Boulevard Barbers, they opened in December at 1401 Gulf Blvd. in the same shopping center as Pinky's and Rad Bikes. This new venture is certainly exciting for Joey Genoese (20), who attended Osceola High School and just graduated barber school first in his class of 500. He was the youngest barber in his class. For now he has two employees, but he hopes to add a third when business picks up. They specialize in fades, business cuts, scissor cuts, sharp line-ups, shaves, tapers and multi-cultural cuts. Joey offers men's and children's hair cuts. Mens cuts are \$15, kids are \$10. You can call for an appointment or just walk in. Their phone number is 224-1824.



WAWAs COMING SOON

Across from The Pie Factory, a WAWAs is being built to open in the Spring of 2014. This gas station, well know for their sandwiches, soups and salads, has a fanatical following from those that have eaten there. All meals are made to order and they even sell their own brand of dairy and ice cream. Get more information at www.WAWA.com/florida.

PUBLIX CLOSED

The Publix at the corner of Indian Rocks Road and Walsingham Rd. has closed. It is scheduled to be completely rebuilt into a 46,000 square foot possibly, two story store and reopen by the end of 2014. The parking lot will be re-configured and the center will get a major makeover. The other merchants in the center - Bealls, Dollar Tree and Bank of America, plan to stay open during the construction. Publix has not confirmed it, but may include a pharmacy.



CLOSING

The ceramic store next to Hammock Hardware at 13836 Walsingham Rd. is closing in February. Owner Georgia Stone hopes to sell it because, after 17 years she is ready to retire. She is the third owner; the business has been there for nearly 40 years. Look for a big liquidation sale in January. If you want to own a ceramic business, call her at 595-5122.

TAPAS GARDENS SOLD

The area between CVS Drug Store and Slyce Pizza is now owned by Steve Luper, owner of several beachwear stores in St Pete Beach. Luper hopes to lease rather than sell the property and is offering the 47,000 square feet area as "build to suit." Commercial Realtor David DePaz says they are talking to several businesses, some local and some national. They hope to clear the property and build one or two restaurants and a retail store. De Paz may be reached at 727-265-5368.

DYNAMIC PROPERTY SERVICES
New Construction & Remodelling Services

Redefine Your Living Space: Interior & Exterior • Kitchen /Baths Additions • Window & Door Replacements • Driveways • All Concrete Services

Call For Free Estimate
727-744-0123
www.DiscoverDPS.com

Eric Meyer
Local Contractor
CORPORATE

We're Insurance by Floridians, for Floridians.™

We're #1 in Customer Service & You're #1 with Us!

CALL NOW IF...

- Your Agent Doesn't Return Your Calls.
- You Receive a Non-Renewal Notice or Policy Increase.
- Your Agent Only Has One Company to Offer.
- Your Agent Wants Your Auto But Not Your Bank.
- You Haven't Shopped In Awhile.
- You Want To Save Money!

AUTO • HOME • FLOOD • UMBRELLA • BOAT • MOTORCYCLE

GREAT FLORIDA INSURANCE

727-595-6000
12998 Walsingham Rd.
Largo, Fl 33774

HISTORY MUSEUM NEWS

The Indian Rocks Historical Museum has had a surge in visitors following the grand reopening last June. There's a definite "wow factor" in the newly enlarged and renovated museum, with a wide range of photographs, maps and artifacts that bring history to life.

See landmarks from the past, including the old swing bridge, the Big Indian Rocks Fishing Pier, and Tiki Gardens with the giant "Kahona" tiki. A timeline with a beach scene backdrop is eye-catching and informative. Visit the museum Wednesday through Saturday, 10 am to 2 pm for a fun and interesting experience. Admission is free but donations are accepted.

This year the Historical Museum's contribution to the IRB Street Parade was a decorated antique Grumann sailing dinghy which carried the City's music system and provided Christmas music to the crowd. It was a great event, carrying on the tradition of community spirit that has defined Indian Rocks Beach through the years.



The historical society's spring potluck luncheon is scheduled for Saturday, March 8 at noon. You need not be a member to participate! Just bring a dish to share, and plan to enjoy traditional potluck food and good fellowship at the museum. Jim Schnur, a dynamic speaker who is a noted historian and author, will give a pictorial talk focused on the history of settlement along the barrier islands from Clearwater Pass to John's Pass.

Stop by the museum's gift shop to get the beautiful Plein Aire Cottage Artists calendar for 2014. The artists generously donate calendars to the historical society and proceeds from sales benefit the museum. Also available is a selection of local history books including "Indian Rocks As It Was," and "Tampa Bay's Gulf Beaches" that are great remembrances of a visit to the museum.

COTI FISHING TOURNAMENT

Their first catch and release fishing tournament was Saturday December 14th and included a fabulous afternoon of spirit and great fun for the whole community!



The day, spearheaded by teacher Craig Thomason, along with many teachers and members, was to support the Community Christian School and Church.

The event, with cash prizes, raffles, auction items, food by Rick Daddy's Seafood and live music was declared a great success Hook!! Line!! and Sink!! by all in attendance. First place winners Team Kitchen Pass with the top score of 159 are shown above.

COTI Community Christian School & Church of the Isles welcomes you to join their family at Church of the Isles, 200 24th Avenue. To support "Hooked on Learning"! and get information on next year's tournament e-mail Cotifishingtournament@yahoo.com.

VOTED
BEST WINGS!
2008-2013*

Voted 2010-2013 People's Favorite Local Bar
**By the IRB Neighborhood Newsletter Readers*

Great Food / Patio Dining
Full Bar / Darts / Pool Table / Smoking on Patio
Breakfast, Lunch & Dinner Every Day
Satellite Sports / British Soccer
Lana's 8am - 2 am / 7 days a week

Red Lion Pub
1407 GULF BLVD / 727-596-5411

THREE PALMS VACATION RENTALS Book your Perfect HOLIDAY Vacation with Three Palms. We have availability For visiting relatives - One, Two and Three Bedroom waterfront Condos along our white sand beaches of the Gulf of Mexico. Promo Code: 3P-IRB

3Palms
Beachfront Vacation Rentals

309A Gulf Blvd.
Indian Rocks Beach, FL 33785
877-8-3PALMS (72567), 727-596-0109
www.3palmspmg.com



What is pure Life? What makes us different from other Medispa's?



PureLife is here to give you a lifestyle change. We are living longer, so we need to put more quality in our lives rather than simply existing. This can only be achieved with a balance of **Bio/Psycho/Social** care of each individual. For example, traditional medicine considers an ulcer a disease. We consider an ulcer a symptom of imbalance in either biological, psychological, or social factors. We are not

Dr. Fitzgerald

'Symptom-Treaters, we try to get to the cause of the ulcer. Psychologically, you can be unhappy with your home life, your job, and your social life. Most people spend 80% of their life working at a job they dislike. The stress from that alone can also contribute

to ulcer formation. Socially, if you are discontented with your lifestyle, you may drink alcohol to excess or self-medicate with other substances. Therefore, you wake up in the morning with a hangover and take too much ibuprofen which also can lead to ulcer socially. We at PureLife, look at the whole person, we can assist patients with all three components. **We offer services and products that can improve your overall health, as well as help you to feel better about yourself.**

WE HAVE THE BEST MEDICAL STAFF AVAILABLE:

- **Dr. Ronata Teytelbaum, MD, P.A.** is Board-Certified in age management medicine, female and male hormonal, adrenal, thyroid, neurotransmitters and micronutrient correction of imbalance.
- **Dr. Kirk Cianciolo**, is a Board-Certified Urologic Surgeon and Men's Health Specialist who biologically gets men's testosterone to goal.
- **Dr. Tiffany Jessee** is a Board-Certified Bariatric Surgeon, who is our Lap-band Specialist.
- **Drs. Bob and Shay Roop** are relationship counselors as well as certified sex therapists. Dr. Shay is published in this arena.
- **Donna Wagoner-Stumpe CNM-ARNP** is a Women's Health Practitioner, Midwife, and Certified Menopause Practitioner, one of only 4 in the entire Tampa Bay area. She has worked with teenagers and adults up to 101 years old!
- **Coley Westerberg, PA-C**, with a Degree in Exercise Physiology and Medical Science, developed each of our weight loss plans, and implemented our PRP (Platelet Rich Plasma) services.
- **Corinn Ziegler, PA-C** is an Injection Specialist and a National Trainer for injectables. Corinn was recently honored to be selected as the featured presenter of Botox administration at the International Symposium in New Delhi, India.
- **Kim Davis ARNP** is an Injection Specialist, Laser Specialist and Weight loss Professional with over 5 years in aesthetic medicine. Kim works alongside Dr. Teytelbaum on Bio-Identical Hormone treatment plans.

You see, if you only **biologically** treat patients, you will not get the benefit of other treatments that are crucial to you. Socially, if you are drinking daily, overweight, have cellulite and/or wrinkles, you will not feel that great about yourself. We offer so many services that can give you the opportunity to **LOOK** and **FEEL** younger. **Schedule a FREE consultation today and discover how we can assist you with not only looking great, but feeling great as well.**

POPULAR SERVICES

- *Medically Supervised Weight Loss; HCG Diet & Lipo-Plex Program*
- *Women's Health; Pap Smears & Exams*
- *Hormone Replacement; Traditional & Bio-identical*
- *Botox & Dermal Fillers*
- *Platelet-Rich Plasma for Facial Aesthetic, VAMPIRE FACELIFT & VAMPIRE FACIAL*
- *Laser Hair Removal, Tattoo Removal*
- *Intense Pulsed Light Facial Treatment*
- *Facials, Peels, Microdermabrasion*
- *Cellulite Reduction, Skin Tightening*
- *Permanent Makeup, Body Wraps, Spray Tanning, Massages*

www.pureLife medispa.com



THE FOUNTAIN OF YOUTH HAS ARRIVED...

pure *Life* Medispa introduces PRP for facial aesthetics

Smoother, Plumper & More Radiant Skin can be yours with Platelet Rich Plasma (PRP), a treatment that rejuvenates your own cells. You can embrace the aging process naturally, and as a result exude a healthy and youthful-looking appearance.

Platelet Rich Plasma (PRP) Facial Rejuvenation is a cutting edge procedure that harnesses the healing power of platelets and growth factors from your blood to stimulate a stem cell response. Within a few weeks of treatment, an overall improvement in skin hydration, texture and tone can be seen. New collagen and blood vessels begin to grow after three to six weeks. Reduction of fine lines and wrinkles, and volume correction occurs over the next three to six months.

PureLife Medispa is one of the few providers in the Tampa Bay area offering PRP for facial aesthetics. We proudly represent Eclipse aesthetics, part of the original inventors of the Vampire Facial. Schedule your **FREE** consultation with medical provider, Coley Westerberg, PA-C to obtain more information.

PRP with skin needling can help with the following:

- Skin hydration and texture
- Reduction of fine lines and wrinkles
- Tightening and toning skin
- Mild collagen stimulation and volume loss improvement
- Crow's feet and dark under eye circles
- Acne scarring and stretch marks

www.pureLifemedispa.com

Vampire
FaceLift
& Facial
Non Surgical Integrated Aesthetics



VIP
Memberships
AVAILABLE

727.595.3400
12442 Indian Rocks Road | Largo, FL 33774

LIKE US ON *Facebook* 



Specializing in ALL your vehicles needs

- Regular Maintenance
- Brake Service
- Auto Electrical Systems
- Transmission Repair/Service
- Mufflers & Exhaust Systems
- AC Repair & Service

\$20 OFF Any Service \$150 or greater with this ad

727 474-3796
 Located in the Slaughter Plumbing building.
 12920 Walsingham Rd. Largo 33774

A NEWS YEAR'S RESOLUTION FOR THOSE WHO ALREADY HAVE (ALMOST) EVERYTHING

By Stephanie Schlageter, Radiance Medspa



When your diet is already healthy and exercising is practically a daily ritual, what comes to mind when it's time for a New Year's Resolution? If you are one of many for whom even a healthy lifestyle has left behind a trouble spot or two, it's your year! Now there is a solution for those areas of nagging imperfection. Love handles, little belly bulges and batwings that don't respond to crunches, push-ups or weight training are acquaintances about to be forgotten. Choose from two simple procedures, and start your year off right.

Liposonix and SlimLipo are both FDA-approved, office-visit procedures with minimal to no downtime, and each treats those impossible areas like the belly, upper back, thighs, upper arms and neck. Finally! Solutions to that last inch that just won't budge.

Liposonix is a groundbreaking technology that uses ultrasound to eliminate fat without ever breaking the skin. High-frequency ultrasound heats fat cells to the point of rupture, and during eight to twelve weeks following a treatment, the body naturally eliminates the destroyed cells. Once the fat cells have been eliminated, they are gone forever. Liposonix is an ideal solution to target hard-to-reduce areas like the belly, love handles, inner and outer thigh and upper back (bra fat). You won't have any downtime with Liposonix other than a little mild bruising or swelling which may occur and will subside within a week or two.

SlimLipo is another method used for treating the belly, love handles, back and thighs, and can also be used butt, chin, neck, upper arms and even male chest. SlimLipo is a state-of-the-art solution that utilizes a highly focused laser fiber inserted through a tiny incision in the skin to eliminate fat by heating it to the point of rupture, causing it to melt. The liquefied fat is removed from the body with a medical suction device through the same tiny incision. Like Liposonix, this in-office procedure permanently eliminates unwanted fat and also tightens loose skin. During the weeks that follow your SlimLipo treatment, the area gradually gets smaller and tightens with full results seen between three and six months. There's no need to worry about recovery with this minimally-invasive treatment. During a SlimLipo procedure, no general anesthesia is required so you are wide awake during the entire process. You can even resume normal activity the very next day.

These simple, safe procedures should only be performed by qualified, experienced medical professionals. It's best to look for a medical professional who has extensive training and certification in the performance of medical lasers and non-surgical cosmetic procedures.

You may have always thought that there was nothing you could do about those unwanted bulges, but now you know the solution. Make Liposonix or SlimLipo part of this year's resolutions and make 2014 the year you finally slim down for good!

For information, contact Radiance Medspa at 727-518-7100 or visit radiancemedspa.com. Radiance Medspa is in its 8th year at 2894 West Bay Drive in Belleair Bluffs.

Considering Selling or Buying a home?



Marykay Csenge
 Smith & Associates Real Estate
 direct 727.735.5002
 office 727.282.1788
mksenge@smithandassociates.com

maybe it's time to work with a
realtor[®]
 who exemplifies knowledge...

As a dedicated real estate agent for Smith & Associates, Marykay utilizes unique creative approaches when helping you buy or sell your home.

Let Marykay put her expertise to work for you!

716 N. Indian Rocks Road
 Belleair Bluffs, FL 33770

Smith & Associates Real Estate

1.855.690.3738 | www.smithandassociates.com



Same Day Service/Open Sat.
 24 hr. Emergency Service
 All major credit cards accepted

HALE'S
A/C SERVICE Inc.
 The COOL Choice Since 1986

398-5515
www.HalesAC.com

Lic# CACD55503



LITTLE LEAGUE'S 60TH YEAR



Little League in Indian Rocks Beach started in 1954. This year they have a new leader. Hope Wyant, the 2014 President, took over from long time President Mike Kelley who stepped down last fall.

Hope has two boys playing ball, Zack (11) and Mick (9). There will be 18 teams and about 250 kids are expected to sign up this year.

"I volunteered to be President

because my kids play here. Mike Kelly has been doing it for many years, and I felt we needed to keep things going," says Hope.

Hope's main job is to keep everything going and organized. "My goal is for every kid that plays to have a wonderful baseball experience. We always need sponsors and maybe one overall big sponsor," Hope says. "It takes a lot of money to have a season. We would love to have someone step forward and be our Fundraising Chairman."

In December, their first Holiday Night at the Ball Park, complete with Christmas movies on the big screen and a visit from Santa, was a successful fundraiser. Pajano's Pizza, Plumlee Beach Realty and the Indian Rocks Beach Homeowners Association were all sponsors.

This is the first year families can register online at www.ETEAMZs.com/WestPinellas. Children living in Indian Rocks or attending school in the city are eligible to play for the West Pinellas Little League. Registration closes January 9th. A special in person sign-up day is Wednesday, January 8th at Joe Campalongo Field from 6:30pm to 8pm. You must bring the required documents, including a copy of your birth certificate, two proofs of residency, a media release form, medical release form, valid Largo Rec Card, and volunteer application.

Try outs for most of the leagues will be Saturday, January 11 and opening day is February 8th.



NEW LIBRARIAN

The City of Indian Rock's new librarian is Laurie Talerico. She replaced Jane Miller, who retired.

Laurie has a Masters of Library Science and Arts/ Humanities from Florida State and 14 years of experience working with libraries. She comes to us from the State Attorney's office in Tampa.

Her last librarian job was with St Pete College.

Laurie lives in Safety Harbor with her a 20 year old, exotic short-haired cat. She enjoys reading ghost related stories and is currently writing a novel that is about ghosts.

One of our librarian's main functions is to manage her 16 volunteers. "We would not have a library in IRB without our dedicated team of volunteers," Laurie says.

"I appreciate the involvement of the Friends of the Library's board in the selection process," says Gregg Mims, City Manager. "I know that we have selected an individual with the education, training and experience who will be a productive member of our team here in Indian Rocks Beach."

VALERY HEALTH INSURANCE AGENCY

Family & Individual Health Insurance

Medicare Supplements & Pt D Rx

Canadian Discount Rx

Nursing LTC Plans

Life Insurance

2113 Gulf Blvd, IRB

517-8888 Fax 517-8887

Toll-Free (800) 330-8445



Bert Valery



Doug Valery

NEED MORE SPACE?

INDIAN ROCKS Mini Storage

Best Storage Rates Near the Beach

**Affordable Storage Units
Top Quality Security**

Garage Style - Fenced & Lighted
Temperature Controlled - Long Term Discounts
Gates Open 7 days 6am - 10pm

indianrockssto@tampabay.rr.com
Walsingham at Uilmerton Rd - Across from the Pie Factory
12700 Walsingham Rd ~ 596-8678

PHIL WROBEL

INDEPENDENT INSURANCE AGENT

Homeowners - Condo - Auto

Boat - Commercial



520 N INDIAN ROCKS RD

BELLEAIR, FL 33770

OFFICE 727.584.9999 | FAX 727.499.7597

PHIL@FLORIDABESTQUOTE.COM

**THE CITY OF INDIAN ROCKS BEACH'S
LIGHTED BOAT PARADE
WAS A GREAT SUCCESS!**

Below is a list of the sponsors who make our Holiday event possible for residents, families and friends to enjoy!

PLATINUM SPONSOR

Indian Rocks Beach Homeowner's Association
Largo Intercoastal Marine
Action 2000
David Watt
Holiday Inn Harbourside
Dynamic Property Services

GOLD SPONSOR

TJ's Gourmet Pizza	Crabby Bill's Restaurant
Salt Rock Grill	Rogers & Laurie Quimby
Guppy's on the Beach	Janis M. Waters
E&E Steakout	Statewide Appliance
Marlin Darlin Grill	Keegan's Seafood Restaurant
Island Way Grill	Rumba's
Tropical Ice Cream	Rapunzel's Spa
Kirby Bowers	Mitchell Agency, Inc.
PJ's Oyster Bar	Jimmy Guana's
Slyce Pizza Bar	Seaside Real Estate Store
Valery Insurance	Red Lion Pub
Vermillion/Cordel	Rotary Club of IRB, Inc.

SILVER SPONSORS

John Ruggles	The Island Shop
Nekton Surf Shop	Leader's Casual Furniture
Hustler Charter	Indian Rocks Heating & Cooling
Pajano's Pizza	Deb & Eddie Jordan
Beggins Real Estate	Aqua Prime

BRONZE SPONSORS

Terry Hamilton Wollin	Gail & Richard Burdick
Mike & Stella Alea	Wired Island
Kooky Coconut	Pelican East Motel
Zen Healing Spa	Kathy & Gary Farrell
Bob & Betsy Hamilton	Guy & Sharon Coreno
Patti & Sandy Sullivan	Joan Johnstone
Canter & McDaniels	George & Jean Scott
Bets Driscoll	Plumlee Realty, Inc.
Venus Restaurant	Rick & Sue Lawrence
Tousley Family	Betsy & Kirk McKenna
Sarah's Seaside Cottages	
A Cut Above Lawn Service	

Thank You
**Boat Parade Sponsors - Your
Support is GREATLY Appreciated!**

**INDIAN ROCKS BEACH
HOMEOWNERS
ASSOCIATION NEWS**



2013 HAPPY HOURS

Homeowners Happy Hours continue at the following restaurants:

Jan. 9: Crabby's Loading Doc Feb. 13: The Pub
These FREE Happy Hours are 6 - 7:30 pm the second Thursday of the month. Visit IRBhome.com for info.

TOY DRIVE

Century 21 Beggins once again hosted their annual Toy Drive with live entertainment by Tony Wylie and Islands, food provided by JAQX Eateries and beer donated, by the



Red Lion Pub. All the proceeds from the food, beer and wine was donated along with the toys, to Grace House, a shelter for homeless families and to The American Legion in Madeira who works with the VA to provide clothing and gifts for children of homeless veterans. J.D.'s Restaurant donated \$765 from their Christmas Tree auction, which the Homeowner's Association used to, but more toys. The Homeowners also donated \$1000 of American Express cards to be used as gifts for older children. Thank you everyone for your generous donations of toys and 55 bikes!

JANUARY HAPPY HOUR The Crabby's Loading Dock January 9th Happy Hour, will be a school supply drive for Anona Elementary School. Please bring supplies to donate.

MEET THE CANDIDATES Because there will be no city election, Meet the Candidates Night has been canceled.

HAPPY HOUR SCHEDULE Look for the 2014 Happy Hour and event schedule posted on their NEWLY redesigned Web site, IRBhome.com or on Facebook.

THANK YOU! The Homeowners Association has had a great year with many fantastic events and projects. They would like to thank everyone that helped make their Association and events, so very successful including the Board of Directors and the many volunteers that keep them going. Here is a short list of some of the things they did in 2013. These projects were fully funded through their event that the community supports so enthusiastically:

- Little League Scoreboard \$6,871
- Beach Art Center \$ 100
- Commemorative Bricks \$ 800
- IRB Easter Egg Hunt \$ 300
- 911 Firemans Fund \$1,000
- Dog Waste Boxes \$1,000
- Flag Retirement Ceremony \$ 300
- SPCA \$ 200
- Historical Museum Display Sponsor \$1,000
- Food Pantry \$4,300
- Morton Plant Mease Foundation \$1,450
- Lighted Boat Parade Donation \$1,500
- Picnic Shelter in Keegan Clair Park \$9,792
- Food for the Santa Party \$ 75
- Toy Drive Gift Cards \$1,000

2014 PINELLAS COUNTY RECYCLING DIRECTORY AVAILABLE FOR RESIDENTS

by Commission Chair Karen Williams Seel

The new Recycle Today: 2014 Pinellas County Recycling Directory has just been released. The directory is packed with the latest information about how to recycle in Pinellas County including local options for recycling cans, glass bottles, plastics #1-7, paper, cardboard, yard waste, electronics, chemicals, motor oil and much more.



Find out the new recycling options that are now available in Pinellas County. Many municipal recycling programs have been improved and citizens are encouraged to check for the changes in their municipality.

Free copies of the new directory are available in the local newspapers. The directory will be distributed with the inserts in the Sunday, Jan. 19, edition of the Tampa Bay Times (formerly the St. Petersburg Times) and the St. Petersburg Tribune (formerly the Tampa Tribune - Pinellas County edition). Copies will also be distributed in the Thursday, Jan. 23, edition of The Weekly Challenger newspaper. Citizens can also pick up the copies in the Friday, Jan. 24 edition of tbt* Newspaper, the Tampa Bay's free daily newspaper.

After Jan. 20, citizens can pick up a free copy at libraries, Nature's Food Patch or Pinellas County drop-off recycling centers. The directory may be viewed online at www.pinellascounty.org/recycle.

Recycle Today is published by the Solid Waste Division of Pinellas County's Department of Environment and Infrastructure each year to make recycling easier by providing detailed and updated information on local programs, including:

- How to participate in recycling programs in our 24 municipalities plus unincorporated areas of the county
- Where to drop off household hazardous waste such as TVs, computers or paint
- How to prepare items for recycling
- Where to pick up free recycled mulch
- How to access the online A to Z Guide for Recycling and Disposal (listing over 350 items)
- Answers to the most frequently asked recycling questions
- Suggestions for businesses to handle their hazardous waste
- How to request A Cutting Waste at Work Assessment to increase your business recycling
- Dates and locations of recycling events for the whole family

To learn more about recycling, visit www.pinellascounty.org/recycle or call (727) 464-7500.

For more information on Pinellas County services and programs, visit www.pinellascounty.org, now with LiveChat, or create a shortcut to www.pinellascounty.org/mobile on any smartphone. Pinellas County government is on Facebook, Twitter and YouTube. Pinellas County complies with the Americans with Disabilities Act.

Advantage Tire & Auto of Largo
Full Service Auto Repair, Tire & Alignment Shop!

10% OFF Service Orders
when you mention this ad
not including batteries or tires - \$50 maximum discount

Check Engine Light On? Drop by for a FREE Scan

1225 West Bay Dr.
Near the Pinellas Trail
581-1361

Michelin and Goodyear logos.

24 Hour Emergency Service

SLAUGHTER PLUMBING
RESIDENTIAL • COMMERCIAL
727-596-5663
Family Owned since 1958

All Plumbing Repairs
Water Heater Repair & Replacement
Faucet and Fixture Repair & Installation
Water & Sewer Line Replacement
Sewer & Drain Cleaning

\$10 OFF Any Service!
not combined with other offers

Licensed • Bonded • Insured • Senior Discounts • Estimates

RF11067209 C9501
Serving All of Pinellas County for over 40 years
12920 Walsingham Rd Largo

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

DAVID JOLLY
FOR CONGRESS

Putting **Republican**
Principles to Work



An Effective Conservative
with the Right Vision

- ✓ Repeal ObamaCare
- ✓ Lower Taxes
- ✓ Cut Wasteful Spending
- ✓ Secure America's Borders
- ✓ Lower the National Debt
- ✓ Respect Our Constitution & Bill of Rights

PAID FOR BY FRIENDS OF DAVID JOLLY

Monte Carlo Casino Night



- Roulette, Poker, Horse Racing
- Door Prizes
- Silent/Live Auctions
- Food, Cash Bar, Entertainment

At the
Beach Art Center
Saturday, February 22nd 7-11 PM
\$35 Tickets Limited!
727-596-4331 or e-mail arts1515@gmail.com
1515 Bay Palm Blvd., Indian Rocks Beach
**Proceeds benefit the non-profit
Beach Art Center**

ACTION
2000
NEWS



Indian Rocks Beach Action 2000
presents the return of the
VALENTINE DINNER DANCE

Saturday February 15, 2014 - 7pm
at the Holiday Inn Harbourside
Key West Banquet Room

WILL YOU BE MY



VALENTINE?

Sumptuous Seated Three-Course Dinner
Cash Bar - Door Prizes
Plein Aire Artists Painting Auction

Music by
9 person band,
the fabulous
"Aqua Groove"



Tickets \$45 each are
available at City Hall.
For more information,
call Donna Vallery
727.517.0517

**BILL BRANDON
(1928-2013)**

By Bob Griffin, Publisher



Two stories about Cap Ramson in this issue were written by Bill Brandon, longtime resident of Indian Rocks Beach, and frequent contributor to our newsletters. He passed away last fall, in Naples.

Although I never actually met Bill, we frequently communicated on almost every Indian Rocks newsletter we have printed, including this one. When I had a question about something in the city's past, I would e-mail Bill and he always answered. A former English teacher, Bill loved to write. He frequently apologized for writing too much information.

Bill came from an interesting family. Six generations lived and worked in Southwest Florida. His great, great, great, great grandfather, Levi Collier, was Tampa's first anglo-settler in 1824. Levi's granddaughter married Civil War veteran Jim Brandon, whose father founded the City of Brandon, east of Tampa. Bill's parents, Raymond and Mary Brandon, owned IRB's long gone Brandon's Pavilion, on the beach west of the original Indian Rocks Beach Bridge. They bought it in 1921 and Bill was born there in 1928.

Bill graduated from Clearwater High in 1946 and attended the University of Florida. He taught English in St Petersburg and Largo, before moving to Naples. He retired in 1988, and began painting, some of which are in IRB's Historical Museum and another is on the cover of this newsletter.

He has added so much to so many of our articles. I, and our stories, will miss him.

BEST WISHES FOR A BRIGHT NEW YEAR!

by Lee Tong, Beach Community Food Pantry

It is almost time to welcome a brand new year! New Year's Eve traditions vary according to where one lives, but in the U.S. most of us participate in the count down as we watch that shiny ball drop in Times Square on our televisions. We watch as people join arms and begin to sway as they burst into song, singing "Auld Lang Syne" just after midnight.

New Year traditions in the United States include food customs. Round foods represent the cycle of the year. Cabbage, black eyed peas (the watchful eye), collard greens (abundance), pork and corn bread are other traditional foods consumed on New Years Day. Many people in our area lack the means to have food choices. The Beach Community Food Pantry was created to help these people and their families make it through lean times, but the Food Pantry could not exist if it were not for the generous donations that come from within our community.

The Indian Rocks Food Pantry would like to extend most grateful thanks to The Indian Rocks Beach Homeowners Association, The Rotary Club of Indian Rocks Beach, and Indian Rocks Beach Action 2000 for their continued financial support. These three organizations are major financial contributors to the Food Pantry. The thousands of dollars that each of these organizations has contributed has enabled the Pantry to feed many hungry souls by allowing us to purchase large quantities of foods in bulk at a lower cost. Our food dollars can go further and we are able to help more families in need.

The Beach Community Food Pantry, located at 1615 1st Street in Indian Rocks Beach, is open Monday, Wednesday, and Friday from 10am - 12 Noon. Donations of time, money and food are welcomed. Thank You for your help!

GET FITNESS CLUBS.COM

IT TAKES 21 DAYS TO CREATE A HABIT!

21 DAY VIP Trial Membership!
Expires 11/30/2014.

13845 Walsingham Rd Largo (Next to Neighborhood Wal-Mart)
727-595-4505 call for a free tour of facilities

Celebrating 31 years!

Pizza Shack

Italian Grille

Our DEEPEST THANKS to all our Customers for making this possible!

Wings, Pasta, Steaks
Ribs, Veal, Chicken & Italian Dishes

Dine in or Pick up

Best Pizza in the area

Family Owned & Operated

Best Kept Secret in Largo

11963 Indian Rocks Road 596-6780
www.PizzaShackItalianGrille.com

#1 Dry Cleaner in the Area!

CELEBRATING 32 YEARS

Professional Laundry & Cleaning

ONE SHIRT CLEANED FREE!

IRB RESIDENTS ONLY - MENTION THIS AD FIRST VISIT ONLY

C&C DRY CLEANERS

14100 Walsingham Road, Largo
596-1983

★ ★ ★ Kathleen
PETERS
for CONGRESS

"We need a PINELLAS COUNTY insider, not a Washington Insider."



Kathleen Peters and her husband, Mike, have lived in Pinellas County since 1985. They began their family here. They have 4 sons and 4 grandsons. Kathleen earned her BA degree from Eckerd College. As Vice President of Public Affairs at the Clearwater Chamber of Commerce, she has been a strong advocate for small business.

Kathleen was elected to the Florida House of Representatives in 2012 and serves on the Government Operations Appropriations Subcommittee, Transportation & Economic Development Appropriations Subcommittee, Education Committee, and Healthy Families Subcommittee.

Kathleen focuses her attention on job growth – she was successful in securing funds to establish the first and only Center of Excellence for Orthotics and Prosthetics at St Petersburg College. She also obtained funds for beach renourishment along our Pinellas County coastline.

She won a seat on the South Pasadena City Commission in 2008 and was selected by her peers on the City Commission to serve the remainder of the retiring Mayor's term. She was re-elected Mayor in 2010.

As a strong community leader, Kathleen has served on the Board of Directors for the Florida League of Mayors, the Pinellas Suncoast Transit Authority (PSTA) and Pinellas County EMS Advisory Board.

- Kathleen is the only candidate in this race who **LIVES** here, **WORKS** here and has **SERVED** here for more than 28 years.
- We need a proven local leader in Washington, a long time neighbor who has raised a family here, created jobs for people here and worked to make our community a better place.
- With Kathleen Peters in Congress, the issues you care about – the communities we live in and love – will not be ignored

Paid for by Kathleen Peters for Congress

House of Representatives - 13th District

CALLING ALL CAT LOVERS

Save Our Strays Inc. or SOS is a local all-volunteer group that works to find homes for needy stray cats and kittens. This year they will be celebrating twenty years of service in Pinellas County. They are one of several "no kill" shelters in Pinellas county meaning they are committed to never euthanize a healthy cat in their care. SOS finds permanent adoptive homes in several ways:

by hosting adoption events at local Petsmart stores, posting cats in local newspapers, and utilizing both Facebook and Petfinder.com to showcase cats that are ready for adoption.

The business model for this non-profit group is different than most shelters because it utilizes foster homes for the majority of cats and kittens they take in. The foster families help to socialize the stray kitty to readjust to domestic life and get ready for a full-time family. Foster families agree to provide transportation to approved vet facilities and to Petsmart adoption events. Sun-Surf Animal Hospital of Indian Rocks Beach has recently been added as a participating veterinarian for SOS. Now local foster parents have an approved vet nearby with convenient evening hours. Sun-Surf specializes in low cost immunizations and spay/neuter services.

Indian Rocks Beach resident Kelly Cisarik joined SOS as a foster parent and volunteer in November. She says SOS's foster program is a great opportunity for Snow Birds and other Indian Rocks residents who find it impractical to have a full-time pet. "I've always been a cat lover, but as a motorhome traveler, I didn't think it was a good idea to subject a cat to our rigorous travel schedule or keep our cat with a pet sitter for long periods. By fostering, we are able to have cats around us again and we get the added challenge of figuring out a new cat's personality and what type of permanent home would be best for each one."

When families adopt from SOS they benefit from the fostering process because the foster home is able to provide useful information on the cat's habits and tastes.

Save Our Strays has recently rented a shelter space for adult cats that can't immediately transition to foster homes. In addition to its continual need for new foster homes, and funding donations, SOS is seeking volunteers that can help once a week to take care of the cats housed there. To get involved call 727-481-5262 or mail to : Save Our Strays Inc. PO Box 373 Indian Rocks Beach, FL 33785 or visit the website www.SaveOurStraysInc.com.

NO ELECTION

The City of Indian Rocks Beach, will NOT hold a municipal election on March 11, 2014 since the following candidates are unopposed:

Mayor-Commissioner Elect R. B. Johnson
City Commissioner-elect Joanne "Cookie" Kennedy
City Commissioner-elect James A. Labadie
The incumbents will be sworn into office on March 25.



SOS foster parent Kelly Cisarik with a very adoptable Lucy

OUR COMMUNITY POLICING OFFICER

The Pinellas County Sheriff's department is responsible for policing Indian Rocks Beach. They assign the officers to overlapping shifts, provide the cars, uniforms, weapons, communications and other technology needed to protect the city residents. A year ago, the City Commission added a Community Officer position and on October 1st of last year, Officer Noel Dunham was assigned to fill it. His moniker on the Sheriff's radio is 'CPIR', standing for Community Police Indian Rocks.

Officer Dunham is given the flexibility to adjust his schedule as needed. If he needs to investigate a problem that only happens on Tuesdays at 2am, he can schedule himself on duty then. If there is a special event needing additional coverage, he can schedule himself to be there.

But, there is more to it than that. Since being exclusively assigned to Indian Rocks, he has a better sense of what the problems are and where they are. He knows where the homeless sleep. Yes, we have homeless people here. He knows where the problem kids and adults live. Many residents have his cell phone number and call Noel to let him know of developing problems, before or as they occur.

"Many people do not want to call the Sheriff's mainline to report a problem," says Officer Dunham. "But these same people are not afraid to call me. They know it will be kept private and not come back to haunt them."

Many days, Officer Dunham starts on the Sheriff's bicycle. "I like the bike. It allows me to stop and talk to people and I can go places a car might not go. I can ride up and talk to people without them getting nervous."

Dunham also drives the Gator, a Utility Vehicle, on the beach on Monday mornings to see if there are any

problems after the weekend. The Gator is kept at the Nature Park, so he usually enters the beach near 9th Avenue.

Dunham's patrol car is equipped with a special License Plate Reader. It points to the right and left side of his car while driving, scanning license plates constantly. It is only one of eight such computers in the county and the only one in IRB.

"It scans the numbers on any car near the street," Noel explains. "If there is a questionable car, the computer alerts me. It may be a stolen, the owner may have a warrant, or someone with a suspended license owns it. It gives me a heads up before I talk to the owners."

"Crime is a lot less common here than many other cities in the county and I have worked many of them. One reason is the small number of people who live here (5,000 - 6,000). Also is the standard of living and the cost of housing attracts a better group of people."

Officer Dunham's is married, lives in Seminole and has three kids. He is retired from the Air Force and even though he just completed his one year anniversary here, he has worked for the Sheriff's Department for 27 years.

So, if you see Noel cruising the city on his bike, the Gator or in his patrol car, don't be afraid to wave. He is here to help.



THIRD YEAR AS TOP PERFORMERS

Largo Medical Center
Awarded the Joint Commission
Top Performer Award



HCA Largo Medical Center
A Teaching Hospital

More Minds Advancing Medicine

201 14th Street SW, Largo, Florida 33770 | (727) 588-5200
2025 Indian Rocks Road, Largo, Florida 33774 | (727) 588-5200
www.LargoMedical.com





City of Indian Rocks Beach

www.indian-rocks-beach.com

Jan/Feb 2014

City Commission

R. B. Johnson	Mayor
Cookie Kennedy	Vice Mayor
Terry Hamilton-Wollin	Commissioner
Phil Hanna	Commissioner
Jim Labadie	Commissioner

Administration

City Manager	Brently Gregg Mims
City Attorney	Maura Kiefer
City Clerk	Deanne B. O'Reilly

1507 Bay Palm Boulevard
727/595-2517

CITY MANAGER REMARKS

I hope all of you had a great holiday season. Our residents enjoyed a variety of holiday events during the months of November and December. Thanks to all the volunteers and city employees who work behind the scenes to make these events happen.

The current phase of the City Hall Project will wrap up by the end of January 2014. The front of City Hall has a new facade and new landscaping will be coming soon. We appreciate your patience during the process of renovating this historic building.

Ms. Laurie Talerico was hired as our new City Librarian in November. We look forward to the many new ideas and programs that she will implement in the coming months. Please stop by the Library and welcome her to Indian Rocks Beach.

The City will begin the process of installing new city street signs. The installation will occur over a period of time and will be completed with budgeted funds. The new signs will carry the city logo.

IRB LIBRARY

Welcome to the Indian Rocks Beach Library! This library was started back in 1974 by a group of city residents who were dedicated to providing library services to this community. Up until just a few years ago, this library relied solely on the hard work of volunteers. Today the library still operates on the unwavering commitment of volunteers and citizens of Indian Rocks Beach. And I am proud to be a part of this community as the city's Librarian.

Currently our library provides excellent services including reading materials, online resources and a large selection of DVDs; we even have a book sale room that is open year round.

We will be offering interesting library programs starting in 2014. Our staff strives to serve the City of Indian Rocks Beach to the best of our abilities.

We hope you visit often as it is one of the gems of Indian Rocks Beach!

Laurie Talerico
City Librarian
ltalerico@irbcity.com



Bay Palm Blvd

As your City Manager, my door is always open to you for questions, comments or suggestions. My phone number is 595-2517 or email gmims@irbcity.com.

Gregg Mims, ICMA-CM
City Manager

2014 CALENDAR

Wed Jan 1			New Year's Day - City Hall CLOSED
Tue Jan 7	7:00a - 9:00a		"Coffee With A Cop"
Tue Jan 14	7:00a - 7:00p		Special Congressional Primary
Thu Jan 16	6:00p		Planning & Zoning Board
Mon Jan 20			Martin Luther King, Jr. Day - City Hall CLOSED
Tue Jan 28	7:00p		City Commission Meeting



Mon Feb 3	7:00p		Candidates Forum
Tue Feb 4	7:00p		Board of Adjustments & Appeals
Tue Feb 11	7:00p		City Commission Meeting
Thu Feb 20	6:00p		Planning & Zoning Board
Tue Feb 25	7:00p		City Commission Meeting



City of Indian Rocks Beach

Jan/Feb 2014

www.indian-rocks-beach.com

Page 2

FINANCE DIRECTOR COMMENTS

Fiscal year 2014 is underway. Thus far, all funds and departments are financially tracking on budget with revenues and expenditures following Commission-approved budgetary projections.

Property tax season is here and payments from the Pinellas County Tax Collector are arriving at City Hall as residents and property owners take advantage of the discounts provided for early payment. Annual city property taxes, totaling over \$1.5 million, make up half of the revenues in the City's General Fund. The General Fund is the largest fund in the City where all services outside of the sewer and solid waste operations are accounted for.

The City's auditors completed their on-site visit and testing in December with final audit review and comments coming out late February. The final step in the annual audit process is the presentation to the City Commission scheduled for March 2014.

Dan Carpenter

Finance Director

dcarpenter@irbcity.com

PUBLIC SERVICES NEWS

Grease Management for Homeowners:

Grease is one of the MAJOR causes of messy and costly sewer backups into the home AND for the City's Sanitary Sewer System.

Where does grease come from?

Grease comes from certain foods such as *lard, shortening, oils, butter/margarine, sauces, baked goods and meats*. Scrape cooking scraps into a trash can rather than washing them down a drain or garbage disposal. Care-

PUBLIC SERVICES (CONT'D).

fully read and follow the directions when using consumer products to clear a clog. If used improperly, consumer products may result in an even bigger, more costly, problem. Should a clog develop in your home plumbing, contact a licensed plumber.

If it is determined that a clog has developed in the City's sanitary sewer system (generally anything adjacent to the curb or sidewalk), City personnel will clear the clog as quickly and safely as possible.

For assistance, please contact the Public Services Department @ 595-6889, Mon - Fri, 7:00 a.m. to 3:30 p.m.

What does grease do when it goes down the drain?

Grease clings to the inside of your household plumbing and sewer pipes of the sanitary sewer collection system. The buildup on the inside of the pipes progressively decreases the pipes' diameter, allowing less and less water to pass through. At this stage, you may notice a "slow drain" which is often the first sign of a potential clog. Ultimately, the grease will block the entire pipe. This may cause an overflow of raw sewage, either at the origin of the clog (the home), a neighbor's home or onto a local street. Raw sewage may contain disease-causing organisms, and therefore, must be cleaned up and disposed of immediately.

Helpful Hints for proper disposal of household grease/food waste:

Keep a basket or strainer in your drain to catch food scraps and

PUBLIC SERVICES (CONT'D).

other solid waste. Once it cools, pour grease and fat into a container or jar. Place the container in a plastic bag and dispose of it in the regular trash.

Pesticide/Herbicide/Fertilizer Management

In maintaining home landscape, residents often do not realize the implications of their maintenance practices on the environment. Misuse of pesticides, herbicides and fertilizers can have a disastrous effect on groundwater resulting in contamination or run-offs into water supplies.

Pest problems in the lawn can be minimized by good cultural practices such as minimal fertilizing of your lawn; watering your lawn only when it shows signs of stress; keeping the blades on your lawn mower sharp and cutting only about one inch of the grass blade at any one cutting.

If spraying pesticides is necessary, it should be done when the least amount of damage will occur to plants and the natural predators of pests – early morning or late in the evening.

Disposal of pesticides/herbicides must be done properly and safely. The City of Indian Rocks Beach asks that you do not place these items in your garbage.

Please contact the Pinellas County Household Chemical Collection Center, at 464-7565, where these products can be safely disposed of.

Dean Scharmen

Public Services Director

dscharmen@irbcity.com

FRANK EDWARDS WINS ALL AMERICAN AWARD

Indian Rocks Beach resident Frank Edwards has been a fighter, in more ways than one.

He wrestled on his school's wrestling team, where he won the Maryland state title three years in a row. That helped him get a scholarship to the US Naval Academy, where he continued to wrestle. He was an All American in the NCAA Division I (165 lbs) in 2003 and a member of the USA All American Wrestling Team. He was later inducted to the US Naval Academy's Athletic Hall of Fame and in 2007 entered the Maryland Wrestling Hall of Fame .

Then, it was off to fight for real, in Afghanistan and Iraq. He accepted a commission as a Second Lieutenant in the US Marine Corps. As a Ground Intelligence Officer, he was assigned to be a Scout Sniper Platoon Commander directing reconnaissance and surveillance missions in support of infantry operations.

Shortly after assuming command, Frank deployed as a combat replacement in support of Operation Iraqi Freedom. He was also a combat advisor to the Iraqi Army and was awarded the Navy and Marine Corps Achievement Medal with 'V' Device for valor under fire.

Frank was then deployed aboard the Navy ship USS Tarawa, supporting maritime contingency operations. He commanded the Scout Sniper Platoon and acted as the officer in charge of the Reconnaissance and Surveillance Detachment. His team conducted counter piracy operations in the Gulf of Aden and he was awarded a second Navy and Marine Corp Achievement Medal. After sea duty, Frank completed the first-ever US Marine Corps Special Operations training course, graduating first in his

class at Marine Combatant Diver School and completed parachutist training. He then commanded Marine Special Operations Team 8211.

His team deployed to Afghanistan multiple times to conduct irregular warfare mission profiles. During his 2010-2011 deployment, he was awarded the Bronze Star Medal with combat distinguishing 'V' Device for heroic actions while leading an assault.

Frank returned to civilian life a few years ago (2011) and is now a Vice President at Citigroup in Tampa, managing a Global Security Command Center, and is responsible for Crisis Response. He and his family recently traveled to Annapolis, Maryland, where he was inducted into the National Wrestling Hall of Fame as the 2013 recipient of the Outstanding American Award. The award is given to former wrestlers who are highly successful and use the disciplines learned in wrestling in their present profession. Frank lives on 18th Avenue with his wife, Erin, and three children.



WANTED!

HOMES + CONDOS FOR RENT & PROPERTIES TO MANAGE

We receive an average of 25 to 40 inquiries a day from folks who are looking for a short term, weekly, monthly or seasonal rental.

We manage homes and condos, furnished and unfurnished.

Let's get your property making money for you!!!!

CALL 727-RENTALS (736-8257)

ELIZABETH "LIZ" SEITHER, BROKER

LIZ@CLEARWATERBEACHFL.COM

WWW.CLEARWATERBEACHFL.COM



107 13th Ave N. #1, Indian Rocks Beach
at the Corner of Gulf Blvd, Office 727-461-6000

Executive INC.
HOUSES • CONDOS • INVESTMENTS
MLS
Preferred Properties

PLEIN AIRE COTTAGE ARTISTS 10 YEARS LATER

Three members, three friends share one vision - capturing on canvas the beauty and fragility of our seaside town. The three met fourteen years ago at the Gulf Coast Art Center, where Violetta Chandler taught life drawing. Mary Rose Holmes holds a degree in Fine Art from Agnes Scott College. Helen Tilston, a knitwear and interior designer, studied with several master painters. Quickly, a friendship developed and Violetta chose Mary Rose and Helen to be her art partners. While painting in Tuscany seven years ago, all three were selected by The City of Florence, Italy to represent the USA at the Florence Biennale (840 artists from 73 nations.) They have a lifetime invitation to exhibit at the Biennale.

Ten years ago, Mary Rose, Violetta and Helen, all award winners and now known as the Plein Aire Cottage Artists, began painting in Indian Rocks Beach. Mary Rose and Helen live here. Indian Rocks Beach residents, businesses and nonprofit groups have been very supportive of their work. As Helen points out, "we feel Indian Rocks Beach has a soul and a heart with caring and proud citizens. The light, the historical architecture, the beach and beach trail were our main attractions. This was one of the last, old fashioned seaside towns." During the boom time, developers were demolishing quaint cottages lining the beach and replacing them with large condos, with little regard for flora, fauna or aesthetic quality. There was little consideration for the small town character of our community. Mary Rose feels the beach belongs to all and often says "we didn't want more of the "great wall of Florida" blocking the view of the beach like many neighboring communities."

The artists have been featured in the Tampa Tribune, The Belleair Bee, Fox TV, the Clearwater Gazette, St. Petersburg Times, Tampa Bay Metro Magazine and the DuPont Registry,

all bringing attention to Indian Rocks Beach. The St. Pete Clearwater tourism board featured their work as a holiday card.



Photo by Karen Altpeter

The Florida Trust for Historic Preservation awarded the Plein Aire Cottages Artists for their untiring efforts in preserving the history of Indian Rocks Beach. "We are the only artists ever honored with this award; such awards are normally reserved for architects and designers" states Mary Rose.

All their paintings are one of a kind and original. The only reproductions are in the annual Indian Rocks Beach calendar. The trio were invited to exhibit their paintings in the Cabinet Meeting Room in the Florida State Capitol in Tallahassee.

Religious Community Services selected them for their Holiday fund-raising card which raised over \$18,000 to feed the needy. That was the birth of their "Trip-tychs"; one panel painted by each artist creating a cohesive scene. Several triptychs were exhibited at Tarpon Springs's Leepa-Rattner Museum. Curator, Lynn Whitelaw says "to my knowledge they are the only three artists to paint in this fashion".

In their ten years here, the Plein Aire Cottage Artists have donated over \$35,000 to their community. Their sales have benefitted The Indian Rocks Historical Museum, Indian Rocks Beach Library and Action 2000. Their annual "Save Our Coastal Cottages" exhibition held locally will be at Salt Rock Grill in February.

For information, email: tilston188@yahoo.com call 813.294.2272, or visit www.pleinaircottageartist.blogspot.com.

Crabby Bill's Seafood, part of Indian Rocks for 30 years!

CRABBY'S LOADING DOCK

401 Gulf Blvd. | 595.4825

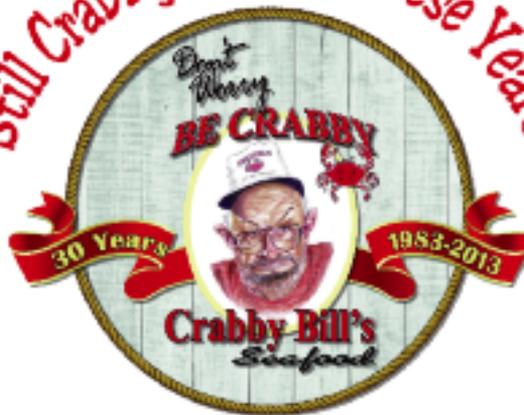
Breakfast Served Daily
Live entertainment
Late night
Happy Hour Daily 7am - 7pm
7 days a week, 7am - 1:30am

JAKE'S CANTINA

435 Gulf Blvd. | 595.6777

A Fast, Casual, FloriMex Café
Taco Bar - Burritos - Salads
7 days a week

Still Crabby After All These Years!



CRABBY BILL'S SEAFOOD CO.

401 Gulf Blvd. | 595.4825

Freshest Seafood, even better prices!
Casual, Relaxed Atmosphere
Best Happy Hour in IRB! 11am - 7pm
Daily Specials
Sun - Thur 11:30am to 10pm
Fri - Sat 11:30am to 11pm
Sun 12Noon to 10pm

IRB SUSHI

416 Gulf Blvd. | 593.2808

Try us once and you will be hooked!
Only the freshest quality fish from
the Hawaiian Islands compliments
of the Honolulu Fish Co.
7 days a week, 4-10pm



All in the 400 Block of Gulf Blvd. - Indian Rocks Beach

www.CrabbyBills.com

follow us on Facebook

INDIAN ROCKS BRIDGE TENDERS

by **Bill Brandon**

Harvey "Dad" Hendrick was the first bridge tender. Not much car or boat traffic in those days. "Dad" used to go home to sleep at night. His home was about a quarter mile east of the bridge. If he heard a boat sound three horn blasts for the bridge to open, he'd come running down to the bridge in his nightshirt and open the swing draw.

Kenneth M. "Cap" Ransom worked as a toll tender on and off during the 1920s, and was also known to be the local boat builder. The bridge was a toll bridge at that time and was owned by Nathaniel Bedford.

In the 1930s, the three tenders were:

- Cap Ransom - graveyard shift from midnight to 8am
- Jim Welch who rotated with Cap on the graveyard shift
- O. G. Cheatham, chief bridge tender and relative of owner

A crew of three tenders took toll round the clock. Cheatham, a retired locomotive engineer out of Jacksonville and Atlanta, became chief bridge tender. He died of a heart attack in 1934, and Milton Logan, married to Cheatham's daughter became chief.

The bridge toll was twenty-five cents to cross to the beach and nothing to exit. You couldn't get out to the south because the road to Madeira had not been built. When that road opened in 1937, the toll switched to fifteen cents each way. As a courtesy, none of the bridge owners ever charged my dad (Raymond Brandon, owner of The Pavilion) toll. This was very gracious of them, since he made no secret that he opposed the toll bridge and wanted it free. On the other hand, the Pavilion was one of the main traffic draws to the island. My dad used to slow up at the toll house and tip his hat to "Dad" Hendrick, Cap Ransom or whoever was tending bridge, and be waved through.

When the state took over the bridge in 1939, Cap Ransom was in his early sixties and wondered what he would do since he had to work. One day just before the state freed the bridge, John McKay, D.B. McKay's son, stopped in the Pavilion and talked with my dad about all the changes that would ensue when the toll was lifted. They also talked about Cap Ransom. John McKay said he remembered how kind Cap was to him and his friends when they were kids. For years, Cap had worked as general handyman for Mrs. Dyrenforth whose place was next door to the McKay house. John said he would talk to his father about Cap Ransom's plight. D.B. McKay (former mayor of Tampa) still had political clout at that time. Turned out Cap Ransom was retained as permanent bridge tender until he retired about 1954. Cap and his wife Alice moved into the little house near the middle of the bridge from their place about two miles south on the mainland in 1939. It was said, she and Cap had the most pleasant years of their married life living there until she died in early 1941. Cap lived there until 1954 when he suffered a stomach hemorrhage and retired. He lived with his children until his death in 1957. Various other tenders operated the bridge until it closed in 1958.

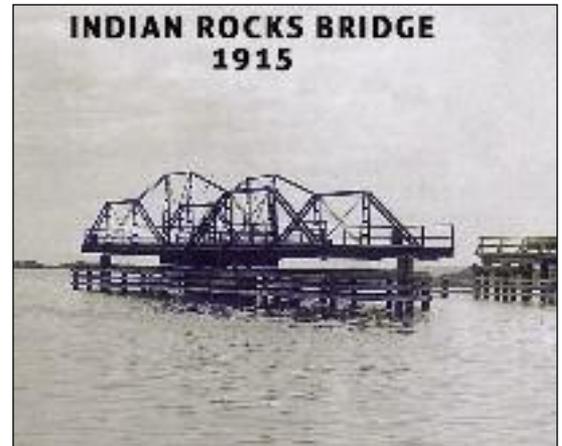
CAPTAIN RAMSON'S HELPERS As We Remember

I first became friends with Cap Ransom about 1938, when I was 10 years old; he was 62. That means he was born about 1876. He died the same year my father died, 1957. In 1954 after Cap had to give up bridge tending, he began to decline into senility but it was not a precipitous decline. I last talked with him in the summer of 1957, and he was noticeably failing but still lucid. I was sitting in a beach chair at our Gulf front apartments when Cap came walking down the beach. He came and sat beside me. we talked of our friendship and of old times and of my father's passing. That was the last time I saw Cap. He was my best adult friend when I was growing up in Indian Rocks. I've sorely missed him and have thought of him nearly every day since. **Bill Brandon**

When I was a teenager in the 1950s, we lived in Tampa. My aunt had a beach house in the narrows. We used to come over and stay for long periods of time. As kids, we all used to love helping the bridge tender open and close the turn-style bridge. I must have done that a dozen times. There were usually 3 or 4 of us. More people made the work easier. Everybody did it; it was part of growing up on the beach. **Emmett O'Barr, owner of Aqua Prime Restaurant**

In the mid 1940s, when I was about 10, I started helping open the bridge. Whenever we saw a boat approach the bridge and heard three horn blasts requesting an opening, we ran to the bridge. Cap closed the gate at the east end, and we closed the gate on the beachside to stop cars. I would open the large lock on the west end of the rotating section of the bridge that kept the closed bridge in perfect alignment. The lock was operated by a big lever that pushed a large steel bar from the rotation part of the bridge into a U-strap on the stationary approach to the bridge. Cap Ransom got the T-wrench into position on the opening gear in the bridge center hole. He added a pipe to one side of the T-wrench for sufficient torque to crank the bridge open and closed. We all helped side-by-side with Cap, pushing around the key in a circle. Everyone stayed near the crank while it was open, waving to the boat passing through. Closing was the same process in reverse. I did this until I was about 17. Cap was a great guy who loved the kids of Indian Rocks Beach and we loved helping him. **Billie Bie IRB resident**

My dad had a fish camp just south of the old bridge. The first time I helped Cap open the bridge I was probably 5. It had a big gear in the middle, The key looked like the ones on the back of a wind up clock. It was a long wooden rail about 6 or 8 feet long. We walked around in a circle. Sometimes Cap did it by himself. It was really something to help. **Jim Jones**
"My dad, Gustav Mai, was a fisherman and smoked mullet for a living. We lived about a mile away. In the summer all us kids used to hang out near the old bridge and play. I started helping Cap Ramson open the bridge around 1943, when I was 10. When we heard a boat blow its whistle three times that meant it was time to open the bridge. **Albert Mai**



ROTARY CLUB OF INDIAN ROCKS BEACH

"Service Above Self"

by David Kline

SUPER BOWL RAFFLE

Winner – On Sunday, December 8th, when Dana Morris' ticket was drawn, she became the grand prize winner of our 11th annual Super Bowl Raffle. She and her husband will get 2 tickets to the big game, at Met Life Stadium in NJ, 4 nights lodging in New York City and \$1000 cash. Proceeds from ticket sales go to support the good works of Rotary locally, nationally and internationally. Thank you to everyone who purchased tickets and to Beef O' Brady's in Largo for supporting the good works of Rotary.



ROTARY RIDES TO DEFEAT ALS – 14 members of Team IRB Rotary cycling group completed the Metric Century (62.1 miles) or 25 mile Ride to Defeat ALS (Lou Gehrig's disease) in honor of Herta Schulz, mother of Past President Michael Schulz, who lost her battle with ALS in 2012. In addition to riding, IRB Rotary assisted in planning the ride, worked the day of event and hosted a rest stop.

BEACH COMMUNITY FOOD PANTRY – As we have since it began, IRB Rotary will support the holiday helping hand to the needy by donating \$4000 to BCFP for their holiday meals program and additional supplies for the Pantry (always hard hit during the holidays.) We encourage everyone to contribute non-perishable food and cash to this hard-working organization, at Calvary Episcopal Church, just behind Guppy's on First Street.

DISASTER ASSISTANCE – The Rotary Club of IRB recently purchased three ShelterBoxes (www.shelterbox.org) for aiding the Phillipines's Typhoon Haiyan relief effort. ShelterBox is a Rotary International project partner enabling disaster relief workers to provide temporary shelter and relief and to survivors of disasters worldwide. Boxes are packed with items that provide victims with emergency shelter and living supplies including a tent, water purification kits, cooking utensils, blankets, and a basic tool kit as well as coloring books and crayons for kids. To date, Shelterboxes have aided over one million disaster victims on every continent.

If you want to be part of a fun and friendly organization that serves the local community, the nation and the world, The Rotary Club of Indian Rocks Beach invites you to visit us at Jimmy Guana's in the Holiday Harbourside any Wednesday morning beginning at 7:15am. For information, call (727) 403-4060 or visit www.indian-rocks-rotary.org. Help us make a difference in the lives of those who need help. "Your first breakfast is on us!"

BEATLEMANIA RETURNS

The Belleair Parks and Recreation Department welcomes back Beatlemania Magic for their next Sunday in Belleair Music series on Sunday, March 9, from 5 - 8 pm at the Dimmitt Community Center. This national Beatles Tribute Band look and sound is uncanny. Limited tickets will be sold, so get yours today! \$5 in advance or \$10 at the gate. To purchase tickets or for more information, call 727-518-3728 or visit www.sundaysinbelleair.com

TAMPA BAY HISTORY CENTER

YOU ARE HERE

CHARTING THE LAND OF FLOWERS
500 Years of Florida Maps

SEPTEMBER 21 – FEBRUARY 16

tampabayhistorycenter.org
801 Old Water St. • 813.228.0097
Downtown Tampa's Channel District

CLEARWATER BEACH

uncorked
a food and wine adventure

February 8 & 9, 2014
Clearwater Beach

Two deliciously decadent days at the historic Clearwater Beach Hotel will see you enjoy local food, wine, spirits and craft beer, local and non-local, tastefully selected children's wines, wine and beer tastings, seminars, live great local chefs, wine makers, local producers, and culinary experts.

bright hogan | Publix | HYATT GOLF & SPA | Clearwater

Sip. Savor. Repeat.

www.clearwaterbeachuncorked.com
for all the details.

Get Rid of that Holiday Hang Over Liposonis or SlimLipo.

It may be winter, but before you know it, the new bikini's will be arriving in the stores. Now would be a great time to start getting your body into bikini shape. Radiance can make that process a lot easier for you. In fact, you can permanently lose up to two sizes without surgery, scars, anesthesia or downtime.

SlimLipo is a great solution if you have a few inches to lose and need skin tightening.

Liposonix helps you lose up to 1 inch at a time with a treatment that takes about an hour.

Radiance Medspa has been performing body contouring services and serving as a national training center for other physicians since 2007. Call or visit Radiance Medspa.



SlimLipo Reg. \$3999, Now \$2999, One Area
(abs, arms, chin, hips, inner/outer thigh and bra fat)

Liposonix Reg. \$2500, Now \$1999, One Area
(abs, , hips, inner/outer thigh and bra fat)

Offer expires February 28, 2014

2894 West Bay Drive, Belleair Bluffs
727-518-7100
radiancemedspa.com



Complimentary
Consultations

Medical Director:
Erika Francis, MD

BOTOX JUVEDERM FRAXEL LASER HAIR REMOVAL IPL PHOTOFACIAL VOLUMA THERMAGE